

| Pos | Name | Category | Club | Time |
|-----|----------------------|----------|---------------------------|----------|
| 1 | Brendon Taylor | M | Rossendale Harriers | 00:38:14 |
| 2 | Stephen Chew | M | Wharfedale Harriers | 00:39:34 |
| 3 | Christian Holmes | M | Wharfedale Harriers | 00:40:09 |
| 4 | Andrew Stubbs | M40 | Clayton Le Moors Harriers | 00:40:51 |
| 5 | Paul Crabtree | M40 | Wharfedale Harriers | 00:41:32 |
| 6 | Alex Rowe | M55 | Wesham Road Runners | 00:41:41 |
| 7 | Gareth Jackson | M | Rossendale Harriers | 00:41:46 |
| 8 | John Sutton | M | Blackburn Harriers | 00:41:49 |
| 9 | Chris Barnes | M | Blackburn Harriers | 00:41:57 |
| 10 | James Craggs | M | Newbury AC | 00:42:06 |
| 11 | Breton Holdsworth | M | Clayton Le Moors Harriers | 00:42:11 |
| 12 | Kieran Horrigan | M50 | | 00:42:17 |
| 13 | James Raven | M | Cardiff AAC | 00:42:31 |
| 14 | Glen Goodwin | M45 | Accrington Road Runners | 00:42:34 |
| 15 | Marc Smith | M | | 00:42:37 |
| 16 | Peter Mackrell | M | Leighton Buzzard AC | 00:42:56 |
| 17 | Aaron Hargreaves | M | | 00:43:01 |
| 18 | Heath McDonald-Noble | M | Trawden AC | 00:43:03 |
| 19 | Paul Crabtree | M40 | Wharfedale Harriers | 00:43:13 |
| 20 | Ian Livesey | M | Clayton Le Moors Harriers | 00:43:25 |
| 21 | Jason Hemsley | M40 | Wharfedale Harriers | 00:43:50 |
| 22 | Thornton Taylor | M55 | Rossendale Harriers | 00:43:54 |
| 23 | Stuart Roberts | M | Red Rose Road Runners | 00:44:06 |
| 24 | Amy Green | F | Keighley + Craven AC | 00:44:14 |
| 25 | Darren Horner | M | Trawden AC | 00:44:17 |
| 26 | David Naughton | M50 | Clayton Le Moors Harriers | 00:44:41 |
| 27 | Stuart Fogg | M | | 00:45:02 |
| 28 | John Griffiths | M45 | Preston Harriers | 00:45:08 |
| 29 | John Roche | M50 | Clayton Le Moors Harriers | 00:45:37 |
| 30 | David Wright | M45 | Newbury AC | 00:45:50 |
| 31 | Sean Clare | M45 | Clayton Le Moors Harriers | 00:46:03 |
| 32 | Beckie Taylor | FJ | Blackburn Harriers | 00:46:06 |
| 33 | Shane Beaumont | M | Keighley + Craven AC | 00:46:08 |
| 34 | Mark Wightman | M50 | Clayton Le Moors Harriers | 00:46:09 |
| 35 | Michael Toman | M45 | Rossendale Harriers | 00:46:13 |
| 36 | Michael Toms | M45 | | 00:46:16 |
| 37 | Paul Brown | M | Trawden AC | 00:46:20 |
| 38 | Andrew Lee | M40 | Rossendale Harriers | 00:46:36 |
| 39 | Shane Cliffe | M45 | Red Rose Road Runners | 00:46:40 |
| 40 | Barry Wheeler | M | Red Rose Road Runners | 00:46:58 |
| 41 | John Wiczorek | M45 | Accrington Road Runners | 00:47:02 |

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| 42 | Ian Hutchinson | M50 | Bowland Fell Runners | 00:47:04 |
| 43 | Ken Addison | M55 | Red Rose Road Runners | 00:47:12 |
| 44 | Philip Butler | M45 | Red Rose Road Runners | 00:47:17 |
| 45 | Dave Potter | M | | 00:47:19 |
| 46 | Derek Ashcroft | M45 | Darwen Dashers | 00:47:21 |
| 47 | Stephen Biscomb | M55 | Clayton Le Moors Harriers | 00:47:36 |
| 48 | Scott Davies | M40 | Wharfedale Harriers | 00:47:47 |
| 49 | Rob Dickinson | M45 | Accrington Road Runners | 00:48:02 |
| 50 | Christopher Hobson | M | Newbury AC | 00:48:06 |
| 51 | Lee Barlow | M40 | Wesham Road Runners | 00:48:18 |
| 52 | Laura Hesketh | F | Clayton Le Moors Harriers | 00:48:24 |
| 53 | John Wilcock | M45 | Clayton Le Moors Harriers | 00:48:25 |
| 54 | Steve Williams | M | Chorley | 00:48:25 |
| 55 | Steve McVey | M50 | Kestrel Super Flyers | 00:48:35 |
| 56 | Helena Leathley | FJ | Clayton Le Moors Harriers | 00:48:39 |
| 57 | Hassan Khattab | M | Chorley | 00:48:40 |
| 58 | Tony Hesketh | M60 | Horwich RMI Harriers | 00:48:41 |
| 59 | Gary Moore | M50 | Wesham Road Runners | 00:48:46 |
| 60 | Ian Newbold | M40 | Wharfedale Harriers | 00:48:51 |
| 61 | Molly Ralphson | F35 | Trawden AC | 00:48:53 |
| 62 | Ben Donoghue | M | Red Rose Road Runners | 00:49:09 |
| 63 | John Collier | M55 | Wesham Road Runners | 00:49:11 |
| 64 | Dean Makar | M40 | Newbury AC | 00:49:16 |
| 65 | Lee Booth | M40 | Trawden AC | 00:49:17 |
| 66 | Lee Clough | M40 | Rosendale Tri & AC | 00:49:23 |
| 67 | Mark Willett | M | Lytham St Annes RR | 00:49:27 |
| 68 | Colin Gilmour | M50 | | 00:49:35 |
| 69 | Roy Parkinson | M45 | Preston Harriers | 00:49:43 |
| 70 | Andrew Corbishley | M60 | Rosendale Harriers | 00:49:52 |
| 71 | Mark Pendlebury | M45 | Clayton Le Moors Harriers | 00:49:56 |
| 72 | Oliver Heaton | M | | 00:50:17 |
| 73 | Alan Martin | M40 | Preston Harriers | 00:50:21 |
| 74 | Matthew Haworth | M | Trawden AC | 00:50:26 |
| 75 | Philip Morton | M40 | Accrington Road Runners | 00:50:27 |
| 76 | Jayne Butterworth | F45 | Skipton AC | 00:50:28 |
| 77 | John Ramsbottom | M40 | | 00:50:31 |
| 78 | Juliet Horrocks | F45 | Clayton Le Moors Harriers | 00:50:33 |
| 79 | David Hogan | M40 | Clayton Le Moors Harriers | 00:50:35 |
| 80 | Peter Sagar | M50 | Hyndburn AC | 00:50:51 |
| 81 | Gayle Whittaker | F35 | Clayton Le Moors Harriers | 00:50:54 |
| 82 | David Large | M40 | Preston Harriers | 00:51:06 |
| 83 | John Rogerson | M55 | Red Rose Road Runners | 00:51:15 |
| 84 | Andrew Green | M60 | Keighley + Craven AC | 00:51:38 |
| 85 | Nigel Drinkwater | M40 | | 00:51:43 |

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| 86 | Geoff Haworth | M50 | Red Rose Road Runners | 00:51:45 |
| 87 | Chris Green | M | | 00:51:48 |
| 88 | Steve Quarmby | M50 | Lytham St Annes RR | 00:51:52 |
| 89 | Melanie Koth | F35 | Lytham St Annes RR | 00:52:11 |
| 90 | Stuart Cann | M | Red Rose Road Runners | 00:52:21 |
| 91 | David Welsby | M45 | Rossendale Harriers | 00:52:26 |
| 92 | Andrew Haworth | M | Trawden AC | 00:52:33 |
| 93 | William Johnstone | M45 | Preston Harriers | 00:52:35 |
| 94 | James Riley | M40 | Todmorden Harriers | 00:52:36 |
| 95 | Michael Ashton | M | | 00:52:40 |
| 96 | Tamara Hemsley | F35 | Wharfedale Harriers | 00:52:41 |
| 97 | Ian Hollas | M40 | | 00:52:56 |
| 98 | Ashley Eastwood | M45 | Trawden AC | 00:53:12 |
| 99 | Peter Carter | M45 | Preston Harriers | 00:53:20 |
| 100 | Emma Raven | F | Bingley Harriers + AC | 00:53:29 |
| 101 | Nigel Shepherd | M50 | Wesham Road Runners | 00:53:36 |
| 102 | John McDonald | M45 | Trawden AC | 00:53:40 |
| 103 | Phil Gillard | M50 | Helsby Running Club | 00:53:50 |
| 104 | Claire Bunce | F | Red Rose Road Runners | 00:53:52 |
| 105 | Kaye Callaghan | F40 | Accrington Road Runners | 00:53:59 |
| 106 | Irene Roche | F50 | Clayton Le Moors Harriers | 00:54:07 |
| 107 | Jeff Hignett | M60 | Rossendale Harriers | 00:54:18 |
| 108 | Andrew Hollas | M45 | Accrington Road Runners | 00:54:20 |
| 109 | Steven Melling | M55 | Rossendale Harriers | 00:54:34 |
| 110 | David Smith | M45 | Trawden AC | 00:54:40 |
| 111 | Nicola Nuttall | F40 | Trawden AC | 00:54:43 |
| 112 | Samuel Hardisty | MJ | Clayton Le Moors Harriers | 00:54:46 |
| 113 | John Foulds | M50 | Fell Runners Association | 00:54:50 |
| 114 | Melv. Thistlethwaite | M55 | Clayton Le Moors Harriers | 00:55:16 |
| 115 | Sarah Toms | F | Rossendale Harriers | 00:55:18 |
| 116 | Peter Bolton | M50 | Red Rose Road Runners | 00:55:48 |
| 117 | Geoff Smith | M | Clayton Le Moors Harriers | 00:55:50 |
| 118 | John Edmondson | M50 | Trawden AC | 00:55:53 |
| 119 | Stephen Fish | M55 | Clayton Le Moors Harriers | 00:56:17 |
| 120 | Rick Moore | M45 | Clayton Le Moors Harriers | 00:56:20 |
| 121 | Harry Kaye | MJ | Trawden AC | 00:56:31 |
| 122 | Stephen Targett | M | | 00:56:36 |
| 123 | Stuart Proctor | M | | 00:56:38 |
| 124 | Nick Daly | M50 | Fell Runners Association | 00:56:40 |
| 125 | Alison Hoyle | F | Trawden AC | 00:56:54 |
| 126 | Mark McConville | M40 | Trawden AC | 00:56:57 |
| 127 | Andy Wright | M50 | Greater Manchester Police | 00:57:07 |
| 128 | Paul Parfitt | M | | 00:57:10 |
| 129 | Alan Heaton | M55 | Bowland Fell Runners | 00:57:17 |

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| 130 | Jeffrey Wright | M50 | Blackpool Wyre + Fylde AC | 00:57:29 |
| 131 | Sharon Newbold | F45 | Wharfedale Harriers | 00:57:30 |
| 132 | Raj Madhas | M45 | | 00:57:30 |
| 133 | Ste Mercer | M | | 00:57:32 |
| 134 | Paula Taylor | F45 | Accrington Road Runners | 00:57:45 |
| 135 | Keith Robinson | M40 | Accrington Road Runners | 00:57:47 |
| 136 | David Cummings | M45 | Trawden AC | 00:57:52 |
| 137 | Ed Grimshaw | M50 | Accrington Road Runners | 00:57:53 |
| 138 | Alex Braysford | M40 | | 00:57:54 |
| 139 | Graham Breeze | M65 | Ilkley Harriers | 00:57:58 |
| 140 | Alex Egan | M | | 00:58:15 |
| 141 | David Hammer | M60 | | 00:58:31 |
| 142 | Paula Plowman | F45 | Red Rose Road Runners | 00:58:54 |
| 143 | Graham Craven | M60 | | 00:59:10 |
| 144 | Gary Moore | M40 | | 00:59:18 |
| 145 | Ben Mills | M | | 00:59:23 |
| 146 | Jason Pier | M40 | | 00:59:26 |
| 147 | Mark McCracken | M45 | Lancashire Fire + Rescue | 00:59:41 |
| 148 | Gary Boyd | M45 | | 00:59:59 |
| 149 | Neil Parkinson | M50 | | 01:00:03 |
| 150 | Mark Sammon | M40 | Fell Runners Association | 01:00:13 |
| 151 | Peter R. Gibson | M55 | Blackpool Wyre + Fylde AC | 01:00:24 |
| 152 | Helen Buchan | F | | 01:00:30 |
| 153 | Glenda Dobie | F50 | Red Rose Road Runners | 01:00:34 |
| 154 | Paul Wale | M40 | Clayton Le Moors Harriers | 01:00:48 |
| 155 | Richard Treitl | M55 | Clayton Le Moors Harriers | 01:00:54 |
| 156 | Ron Chappell | M60 | Clayton Le Moors Harriers | 01:00:55 |
| 157 | Nikki Roberts | F35 | Red Rose Road Runners | 01:01:06 |
| 158 | Sue Narey | F40 | Wharfedale Harriers | 01:01:12 |
| 159 | James Mitchinson | M65 | | 01:02:07 |
| 160 | Geoff Laycock | M55 | Clayton Le Moors Harriers | 01:02:17 |
| 161 | Sue Morley | F55 | Ilkley Harriers | 01:02:21 |
| 162 | Rebecca Coxhead | F | Newbury AC | 01:02:35 |
| 163 | Ian Jones | M45 | | 01:02:37 |
| 164 | Robert Hirst | M60 | Clayton Le Moors Harriers | 01:03:10 |
| 165 | Kimberley Livesey | F | Trawden AC | 01:03:15 |
| 166 | Rachel Whalley | F40 | | 01:03:19 |
| 167 | David Barker | M50 | | 01:03:27 |
| 168 | Caren Crabtree | F35 | Wharfedale Harriers | 01:03:35 |
| 169 | John Minton | M70 | Chorley | 01:03:38 |
| 170 | Alan Bennett | M50 | | 01:04:08 |
| 171 | Maxine Morton | F35 | Accrington Road Runners | 01:04:51 |
| 172 | Steve Milner | M50 | | 01:04:54 |
| 173 | Anne Milner | F45 | | 01:04:59 |

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| 174 | Donna Catlow | F | Trawden AC | 01:05:18 |
| 175 | Karen Holland | F40 | | 01:05:47 |
| 176 | Karin Goss | F60 | Clayton Le Moors Harriers | 01:06:05 |
| 177 | Sarah Mills | F35 | | 01:06:13 |
| 178 | Colette Mallabourn | F40 | Accrington Road Runners | 01:06:51 |
| 179 | Michael Passant | M | | 01:06:58 |
| 180 | Sally Cape | F45 | Red Rose Road Runners | 01:07:33 |
| 181 | Gary McKie | M | | 01:07:58 |
| 182 | Cathryn McDermott | F40 | Accrington Road Runners | 01:08:07 |
| 183 | Robert Goodall | M | Lytham St Annes RR | 01:08:44 |
| 184 | Clive McMillan | M50 | | 01:08:55 |
| 185 | Lynda Hargreaves | F45 | Wharfedale Harriers | 01:09:03 |
| 186 | Tom Targett | M65 | Clayton Le Moors Harriers | 01:09:05 |
| 187 | Fiona Pudge | F40 | Trawden AC | 01:09:57 |
| 188 | Philip McCullagh | M55 | Chorley | 01:10:08 |
| 189 | Steve Davies | M70 | Accrington Road Runners | 01:10:28 |
| 190 | Simon Lister | M40 | Trawden AC | 01:10:34 |
| 191 | Neil Hargreaves | M60 | | 01:10:36 |
| 192 | Martin Ritson | M60 | Clayton Le Moors Harriers | 01:10:50 |
| 193 | Elisabeth Sharples | F40 | Accrington Road Runners | 01:11:38 |
| 194 | Pauline Byers | F50 | | 01:13:11 |
| 195 | Andrew Harvey | M | | 01:13:15 |
| 196 | David Harvey | M50 | Lancashire Fire + Rescue | 01:13:18 |
| 197 | Laura Parfitt | F | | 01:13:33 |
| 198 | Christine Leathley | F60 | Clayton Le Moors Harriers | 01:17:52 |
| 199 | Tom Hilton | M65 | Chorley | 01:19:54 |
| 200 | Tracey Strong | F | Wharfedale Harriers | 01:21:07 |
| 201 | Dawn Lock | F65 | Lytham St Annes RR | 01:22:07 |
| 202 | Gabrielle Lee | F | | 01:28:51 |
| 203 | Michael Lee | M55 | Clayton Le Moors Harriers | 01:28:51 |