

# FRA CONSTITUTIONAL RULES

OCTOBER 1993

## 1 TITLE AND OBJECT

The Association shall be called “The Fell-Runners Association” and is recognised by UK Athletics as the managing body of Fell-Running in England. The objects shall be :

- a) to encourage and promote Fell-Running and allied mountain races.
- b) to provide services to competitors, clubs and race organisers.
- c) to establish uniform regulations for the conduct of competitors, clubs and race organisers.
- d) to observe the Rules for Competition of UK Athletics in so far as they concern fell-running.

## 2 MEMBERSHIP

Membership is open to :

- a) individuals who are amateurs as defined by UK Athletics’ Rules for Competition.
- b) club membership is not available but clubs affiliated to an English Regional AA will receive FRA benefits as decided from time to time by the FRA executive committee, in addition to the rights provided in rules 3(b) and 5.

Membership subscriptions shall be decided at an Annual General Meeting or an Extraordinary General Meeting and shall be due annually on the 1<sup>st</sup>.January. New members joining after the 1<sup>st</sup>.October will only be required to pay the following year’s subscription.

## 3 MANAGEMENT

The management of the Association shall be vested in an executive committee comprising :

- a) the following officers, elected at an Annual General Meeting; Chairman, Secretary, Assistant Secretary, Treasurer, Membership Secretary, Fixtures Secretary, Magazine Editor, Statistician, Website Officer, Environment and Access Officer, Junior Co-ordinator, Championships Co-ordinator, International Selection Committee Chair, Coach. At least nine of the fourteen officers must have competed in three category “A” fell races in the two years prior to their election.
- b) four members elected at the Annual General Meeting from English clubs affiliated to a Regional AA of UK Athletics. All must have competed in three category “A” fell races in the two years prior to election.
- c) four members elected at the Annual General Meeting from the individual members of the Association. All must have competed in three category “A” fell races in the two years prior to election.

Every elected member of the executive committee shall have one vote on all resolutions. In the event of a tie the Chairman shall have a second or casting vote. All members of the executive committee must be members of clubs affiliated to UK Athletics. Members of the Association may attend executive committee meetings as observers.

## 4 POWER OF THE EXECUTIVE COMMITTEE

The executive committee shall have power to :

- a) draw up rules, bye-laws and regulations for fell-running which shall be subject to confirmation at a General Meeting and in all cases shall not contravene the rules of UK Athletics.
- b) call an Annual General Meeting within eleven months of the end of the Association’s financial year and to arrange for the calling of Extraordinary General Meetings as provided by Rule 8.

- c) control finance and arrange for the publication of an Annual Financial Statement, duly audited and in time to be presented to members at the Annual General Meeting.
- d) enquire into, consider and deal with matters referred to them for investigation. An appeal against a decision of the executive committee may be made to the general committee of UK Athletics.
- e) form sub-committees from its members to deal with any particular aspect of fell-running
- f) appoint additional specialist officers from outside the executive committee and to co-opt up to four extra members. These specialist officers and members, not having been elected at the Annual General Meeting, shall not have a vote.
- g) decide on any matter pertaining to the Objects of the Association.

## 5 VOTING

Individual members of the Association who have paid the appropriate subscription and who are present at the General Meeting have the right to one vote each. Honorary members present at a General Meeting also have the right to one vote each.

English clubs affiliated to a Regional AA of UK Athletics have the right to two votes each provided they have given the required notice of their representative present at a General Meeting.

Postal votes may be used at the discretion of the executive committee. Such postal votes shall only be recognised if an official voting form is received at least four clear days before the General Meeting by the Returning Officer of the Association who shall be appointed by the executive committee.

## 6 FINANCE

The financial year of the Association shall be from the 1<sup>st</sup>.August to the 31<sup>st</sup>.July. The accounts of the Association shall be balanced at the 31<sup>st</sup>.July each year and submitted after independent audit to the Annual General Meeting. All cheques written against the Association funds shall be signed by the Treasurer and one other officer as defined in Rule 3(a).

## 7 GENERAL MEETINGS

The Annual General Meeting of the Association shall be held on a date before the 30<sup>th</sup>.November each year. If possible the time and place of the meeting shall be convenient to a major fixture in the FRA Calendar.

Notice of the Annual General Meeting including any agenda item of special business shall be published in "The Fellrunner" magazine and clubs shall receive notice via a Regional AA of UK Athletics.

The business to be transacted at the Annual General Meeting shall be :

- a) consideration of the Chairman's Report for the previous year.
- b) consideration of the Secretary's Report for the previous year.
- c) consideration and adoption of the Accounts for the previous year and any report of the Auditor.
- d) the election of officers.
- e) the election of an executive committee.
- f) the appointment of an Auditor.
- g) such other business as may be specified in the notice convening the meeting or received by the Secretary in accordance with the terms of the notice.
- h) any proposed amendment to the Constitution or Rules of the Association in accordance with Rule 9(b).

No business may be transacted and no resolution proposed or passed at any General Meeting except as specified in these Rules or in accordance with the notice convening the meeting but this rule shall

not be operated to prevent the movement of any amendment which the Chairman may, at his discretion, deem to be reasonable and proper and within the scope of the question raised by any resolution proposed in accordance with these Rules, nor prevent the discussion, at the discretion of the Chairman, of any other matter of which he has received prior notice.

#### 8 EXTRAORDINARY GENERAL MEETINGS

The executive committee may, when it thinks fit, and shall, upon a requisition made in writing by not less than 5% of individual members of the Association, convene an Extraordinary General Meeting. The requisition shall express the objects for which the meeting is proposed to be called and shall be sent to the Secretary of the Association. The business of an Extraordinary General Meeting shall be confined to the consideration of any proposed resolutions set out in the requisition. It shall be held within two months of a valid requisition and not less than one calendar month's notice shall be given.

#### 9 NOTICES

- a) Notice of General Meetings shall be not less than one calendar month before the meeting.
- b) Any proposed amendment to the Constitution or Rules of the Association shall be forwarded to the Secretary at least one month before the relevant meeting.

#### 10 QUORUM

A quorum of members at any General Meeting shall be twenty. If, after thirty minutes of the time appointed for the meeting, a quorum is not present, the meeting :

- a) if convened by the requisition of members, shall be dissolved.
- b) if convened otherwise, shall adjourn to a day named by the meeting.

In the case of an adjourned Annual General Meeting, any number of members shall constitute a quorum.

#### 11 ADJOURNMENT OF MEETING

Any meeting may be adjourned to such other time and place as the members present shall resolve.

#### 12 DISSOLUTION

The Association shall be dissolved if at any General Meeting a resolution for the dissolution of the Association is passed by a majority of three-quarters of those members present and who vote thereon.

If upon dissolution of the Association there remains, after the satisfaction of debts and liabilities, any property whatsoever, all funds realised shall be distributed among the membership.