name1	Name2	Club		Carding							anniversary waltz							Lordstones Wainstones							Ennerdale							Sedbergh							Thieveley Pike						
				Ladies	LV40	LV45	LV50	LV55	LV60	LV65	Ladies	LV40	LV45	LV50	LV55	LV60	LV65	Ladies	LV40	LV45	LV50	LV55	LV60	LV65	Ladies	LV40	LV45	LV50	LV55	LV60	LV65	Ladies	LV40	LV45	LV50	LV55	LV60	LV65	Ladies	LV40	LV45	LV50	LV55	LV60	LV65
Louise	Abdy	Todmorden Harriers	F45																																			47	23	13				
Sue	Ashten	Chepstow	L50	38	16	10	3																																					
Jan	Atkins	Chorley Harr	L60	44	20	14	5	3	1		83	48	26	9	5	1		47	21	12	5	2	1																44	20	12	6	3	1	
Samantha	Ayers	CFR	L																						25																			
Kate	Ayres	Cheshire Hill Racers	L45	23	4	2					28	9	3												19	10	4																	
Kirstin	Bailey	Bingley	L	18							4																					9							13						
Emma	Barclay	Ilkley Harr	L	11							19							18																										
Anna	Bartlett	Shrewsbury AC	L	7							6														5							5							6						
Elizabeth	Batt	Dark Peak	L40	13	2						11	1						5	1						6	3						7	2						8	3					
Sue	Becconsall	Bingley	I45								23	5	1					11	3	2												15	5	2					12	4	2				
Gayle	Benson	Stainland Lions																														51													
Melanie	Blackhurst	Todmorden	I40								78	44						38	15																										
Lynn	Bland	Dark Peak	L40	35	13																				23	14																			
Kate	Boobyer	Pudsey & Bramley	L								65																																			
Sue	Booth	Borrowdale	I								91																																			
Ali	Bramall	Ambleside AC																														48	27	18											
Linda	Bray	Morpeth	I45								80	46	24																																
Alison	Brentnall	Pennine	L55	29	9	5	2	1			58	31	11	3	2																	44	25	16	6	3									
Kirsty	Brian-Jones	Dark Peak	L								68																																			
Maureen	Bridge	Keswick	I55								74	40	20	6	3																													
Kathleen	Brierley	Todmordem Har	L40																						21	12																			
Denise	Broom	CheadleR	I45								53	28	10																																
Lindsay	Buck	Cumberland	I45								72	38	18																			41	23	14											
Jo	Buckley	Calder Valley																														11							9						
Suzanne	Budgett	Horwich	I40								48	24																																
Kate	Burge	Stafford Harr	L	8							8							4																											
Debbie	Campbell	Skelmersdale Harriers																														29													
Julie	Carter	Cumberland	I40								39	18													15	7																			
Jackie	Casey	Barrow	I45								34	14	5																			18	7	4											
Rebecca	Cash	Borrowdale	L								25														10																				
Janet	Chaplin	Chorley Harr	L40	51	24																																								
Rachel	Chatwin	Pennine	L	40																																								
Margaret	Chippendale	Pennine	L60	48	22	15	6	4	2		90	53	30	12	6	2		54	27	15	7	3	2																						
Laura	Clark	Valley Striders																39																											
Mandy	Clarke	Bingley Harriers																53														46							41						
Julie	Clayton	Scarborough AC.																49	23																										
Lynne	Clough	Wigan Phoenix	L	16							15							17														13							10						
Susan	Clough	Ambleside	I40								27	8													18	9																			
Pat	Cooper	Northumberland FR																57	30	17	8																							
Heather	Corbishley	Rossendale Harriers	F																																				21						
Mary	Cowling	Stainland Lions	F																																				48						
Anna Maria	Crabtree	Chorley Harriers	F40																																				30	12					
Linda	Crabtree	Calder Valley Fell R																42	18																										
Rachel	Crowe	Lytham	L								17																																		
M.	Crowley-Foxwell	Ambleside AC	F																																				40						
Deborah	Culshaw	Wigan Phoenix	F																																				15						
Christine	Currie	Southampton Running Club																														21													
Cerys	Davies	Calder Valley	L	34														37														45							24						
Nicola	Davies	Borrowdale	I40								18	4																																	
Katherine	Davis	NFR	L																						26																				
Karen	Davison	Dark Peak	L								10							12																											
Heather	Dawe	Ilkley	L								36																																		
Tracy	Dean	Stainland Lions	F40																																				33	15					
Frances	Dewhurst	Chorley Harriers	F40																																				50	24					
Gerry	Dewhurst	Radcliffe	L								42							35							17							39													
Fiona	Dewick	Wreake Runner	L	45																																									
Helene	Diamantides	Carnethy	I40								12	2													2	1						8	3												
Alexis	Dinsmor	Pennine	L55	50	23	16	7	5																																				
Wendy	Dodds	Clayton Le Moors	L55	39	17	11	4	2			40	19	6	2	1										14	6	2	1	1			16	6	3	2	1			29	11	7	3	1		
Clare	Duffield	Todmorden	L								85																																		
Jennifer	Dunn	Helm Hill	L	22																																								
Yvonne	Eardley	Pennine	L								57																					42													
Mary	Edgerton	Pennine																														32	16	9											
Mandy	Elain	Tring Runners	L40	46	21																																							
Gill	Evans	Shepshed	L45	31	11	7																																						
Helen	Fines	Bristol West	L	17							22																																		
Jane	Fletcher	Borrowdale	L								70																																		
Julie	Fletcher	Macclesfield	L	49							86							46																												
Anna	Forrest	Ambleside	L								41														11															28						
Julie	Gardner	Dark Peak	L45	30	10	6					49	25	8					34	13	8																									
Sharon	Godsman	Todmorden	L								55																													34						
Rachel	Gooch	Ilkley	I50								73	39	19	5																														
Karin	Goss	Clayton le Moors Harriers	F55																																				52	26	15	7	4		
Mandy	Goth	Todmorden	I45								79	45	23																			52	29	20					42	19	11				
Mary	Green	Bingley	I45								89	52	29																																
Lucy	Griffiths	Cumberland	L								62																																		
Jenny	Grindley	CFR																														17													
Sarah	Hammond	Tattenhall	L40	15	3						16	3						21	5														26	13												

Sue	Harding	Bowland Fell Runners	F40																																				31	13					
Jo	Hardy	Cumberland	I45								95	56	33																														
Tracy	Harmer	Pickering AC																58	31	18																							
Lucy	Harris	Pennine Fell Runners	FJ																																				27						
Kelly	Harrison	Ilkley Harr	L	27							43							24																										
Katherine	Harvey	Pennine	L45	28	8	4					66	34	14																														
Claire	Haslam	Scarborough	L								59																																		
Sue	Haslam	Scarborough	I50								76	42	21	7				32	11	6	2												49	28	19	7				22	8	5	2			
Linda	Hayles	Calder Valley Fell R																	48	22	13	6																							
Barbara	Haywood	CFR	L40																							27	16																		
Alice	Heath	Todmorden	L								52																												26						
Tamara	Hird	Wharfedale Harr	L	19							31							29														24							17						
Christine	Howard	Matlock	L	2							1							2							1							2							2						
Jennifer	Hutton	Bowland	L	52																																				49						
Thirza	Hyde	Calder Valley	L45	33	12	8					63	32	12					31	10	5												28	14	7					23	9	6				
Helen	Jackson	Bingley	L																							7																			
Philippa	Jackson	Keswick	L	6							9							8																										
Nicky	Jaquiery	Ilkley Har	L40																							13	5																		
Sue	Johnson	Stafford	I50								84	49	27	10																											
Helen	Jolly	Bowland Fell Runners	F45																																				51	25	14				
Patricia	Justin	Pennine	L45	43	19	13					67	35	15					41	17	10					28	17	7					40	22	13											
Helen	Karlsson	Croft Amrey	L	47																																									
Jacqueline	Keavney	Swaledale RR																43	19																								
Sue	Kendall-Lansell	Scarborough AC.																55	28																								
Claire	Kenny	Calder Valley	L45																							16	8	3					20	9	5											
Lisa	Lacon	Holmfirth	L	10														13																						11						
Polly	Lander	Cumberland	L								81																																		
Maureen	Laney	Clayton	I50								24	6	2	1																											
Candice	Leah	Clayton Le Moors																14																									
Jackie	Lee	Eryri	L	9														7							3							6													
Janet	McIver	Dark Peak	L	20							13							16							9																				
P	McLaughlin	Westerlands	I55								93	55	32	13	7																										
Jane	Mellor	Pennine	I40								35	15						27	8												19	8												
Rachel	Metcalfe	Horwich	L															45																									
Celia	Mills	Calder Valley	I40								54	29						36	14						20	11						22	10						20						
Sarah	Mitchell	Cumberland	L								94																																		
Joanne	Moore	Keswick	L								60																																		
Linda	Murgatroyd	Stainland Lions	F																																				38						
Catherine	Musetti	Ambleside	L40	37	15						47	23																										32	14					
Karen	Nash	Preston Harriers	I40								38	17																																	
Sally	Newman	Calder Valley	L45	4	1	1													9	2	1					4	2	1														4	1	1				
Lois	Noble	Cosmic	I40								56	30																																	
Joanne	O'Dowd	Eden Runners	I40								50	26																																	
Sue	Owen	Ambleside	L45	41	18	12					71	37	17																					47	26	17											
Cal	Partington	Manx Fell Runners	F40																																				16	5					
Dot	Patton	Cumberland	I50								87	50	28	11											29	18	8	3																
Dorothy	Pelly	Dark Peak	I45								30	11	4																	25	12	6					18	6	3				
Caroline	Pollard	North York Moors	I45								51	27	9					26	7	4																					
Christine	Preston	Keighley	I40								29	10														12	4																	
Jackie	Purvis	Pennine	L40	54	26																																								
Alison	Raw	Durham FR	L40	24	5						26	7						20	4												4	1						5	2					
Katy	Rawnsley	Scarborough AC.																30																									
Charlotte	Rayner	Stainland Lions																															50													
Jane	Reedy	Ambleside	L	21							14														8							10							7						
Louise	Roberts	Keswick	L	12							21																																		
Sue	Roberts	Todmorden Harriers																51	25	14																		45	21					
Jane	Robertson	Westerlands	I40								46	22																																	
Elaine	Rose	Pennine	I40								88	51																																	
Joy	Ryall	Tynedale Harriers																56	29	16																							
Jackie	Scarf	Calder Valley																															35	19						25	10					
Helen	Sedgwick	Ilkley	L								7																																		
Britta	Sendlhofer	Ambleside	L	42							61																				38													
Alwynne	Shannon	Newcastle Staff	I40								33	13																																	
Joanna	Sharp	Ludlow	L45	53	25	17																																						
Rachael	Sharples	Keighley	I40								44	20																																	
Naomi	Sharratt	Stainland Lions																															30													
Jean	Shotter	Holmfirth	L40	25	6						32	12						28	9												37	21												
Debbie	Smith	Dark Peak Fell R.																23																									
Jane	Smith	Todmorden	I45								45	21	7												24	15	6														37	17	9				
Sharron	Smith	Bingley Harriers																															53													
Tina	Smith	Todmorden Harriers	F																																				43						
Jo	Taylor	Bowland	I40								37	16																				23	11												
Sharon	Taylor	Bingley	L	3							3							6														3													
Debbie	Thompson	Keswick A C	L50																							22	13	5	2				36	20	12	4										
Katy	Thompson	Clayton	I50								69	36	16	4				40	16	9	3												31	15	8	3				36	16	8	4			
Lyn	Thompson	Keswick	L50	26	7	3	1												22	6	3	1												14	4	1	1				19	7	4	1			
Denise	Tunstall	Durham Fell R																50	24																								
Sarah	Tunstall	York Acorn AC.																15																									
Kath	Turner	Macclesfield	I45								77	43	22																														
Jo	Waites	Calder Valley	L	5							5							3														12							3						
Angie	Watson	Chester Le St. H.																25																									
Madeleine	Watson	Valley Striders																52	26																				46	22					
Rebecca	Weight	Bingley	I45								64	33	13					33	12	7												34	18	11											
Rebecca	Weston	Cumberland	I40								75	41																																	

Mary	White	Horwich	I55								82	47	25	8	4			44	20	11	4	1										43	24	15	5	2			39	18	10	5	2		
Natalie	White	Bingley	L	1							2							1														1							1						
Clare	Wightman	Saddleworth Runners Club	F																																				35						
Cath	Wilson	Clayton	L								20							19																											
Catherine	Wilson	Rossendale Harriers																														27							14						
Julie	Wilson	Dark Peak	L	14																																									
Helen	Winskill	Dark Peak	L	32																																									
Helen	Witham	DurhamFR	I45								92	54	31																																
Hannah	Wootton	Newcastle Poly.AC																10																											
Cath	Worth	North York Moors AC																														33	17	10											
Jenny	York	Shropshire Shufflers	L45	36	14	9																																							