

**Captain Cook's Races****01-Jan-12****N.Runner/NEHRA Winter Series 2011-12****Race 7**

Pos.	No.	Name	Club	time	cat/pos/pts/total
1	451	Jim Bulman	Individual#	32.31	M40/1/50/198
2	230	Cameron Taylor	Esk Valley FC	32.45	MJ/1/50/250
3	302	Jonathan Baines	Sedgefield H	33.12	MJ/2/48/98
4	1769	James Dunn	Individual#	33.12	MO/1/50/50
5	269	Ian McGrath	Durham FR	34.07	MO/2/48/184
6	1861	Mark Bryant	Leeds City	34.11	M40/2/48/48
7	1899	Lewis Banton	Clowne RR	34.44	MO/3/46/46
8	1742	Jack Trevelyan	N. Highland H.	35.25	MO/4/45/45
9	264	Chris Jeffries	North York Moors	35.27	MO/5/44/129
10	251	Andrew Minister	Durham FR	35.59	MO/6/43/174
11	1759	Jim Thompson	Saltwell H & AC	36.16	M40/3/46/46
12	1871	Simon Johnson	South Shields H	36.18	MO/7/42/42
13	79	Cath Williamson	Loftus & Whitby	36.22	FO/1/50/150
14	215	Joe Johnson	Esk Valley FC	36.38	MO/8/41/203
15	296	Simon Collins	Knavesmire H	37.02	MO/9/40/74
16	280	Matthew Trevelyan	Esk Valley FC	37.03	MO/10/39/72
17	977	Adrian Mellor	Individual#	37.05	M40/4/45/45
18	524	Richard Bewell	Wetherby AC	37.20	M45/1/50/246
19	447	David Spence	North York Moors	37.35	M40/5/44/133
20	1733	Ian Blakemore	Sedgefield H	37.39	MO/11/38/38
21	253	Stefan McLoughlin	North York Moors	37.41	MO/12/37/148
22	539	Kevin McLoughlin	North York Moors	37.43	M45/2/48/137
23	640	Martin Dietrich	North York Moors	37.50	M50/1/50/146
24	500	Rob Williamson	Loftus & Whitby	37.57	M45/3/46/184
25	440	Mike Smith	New Marske H	38.01	M40/6/43/128
26	274	Simon Ashwell	Esk Valley FC	38.10	MO/13/36/72
27	271	Chris Kennedy	Saltwell H	38.12	MO/14/35/114
28	1762	Neil Douglas	Individual#	38.14	M45/4/45/45
29	1891	Nick Simmons	North York Moors	38.17	MO/15/34/34
30	226	Simon Greenwell	Esk Valley FC	38.18	MO/16/33/155
31	308	Paul McGough	North York Moors	38.19	MO/17/32/63
32	515	Clive Thornton	Esk Valley FC	38.20	M45/5/44/206
33	236	Ian Chapman	Ripon Runners	38.23	MO/18/31/142
34	430	Phil Green	N'land Fell R.	38.27	M40/7/42/216
35	250	Steve Hardy	Loftus & Whitby	38.35	MO/19/30/74
36	1860	Stuart MacLean	South Shields H	38.41	M40/8/41/41
37	1938	Kim Brown	Individual#	38.42	MO/20/29/29
38	254	Ben Senior	Loftus & Whitby	38.46	MO/21/28/121
39	605	Julian Barwick	North York Moors	38.47	M50/2/48/326
40	248	Chris Plews	Wetherby AC	38.52	MO/22/27/181
41	434	Stephen Watson	Pickering RC	39.01	M40/9/40/207
42	983	Morag Stead	Morpeth H.	39.03	FO/2/48/48
43	638	Paul Doxford	South Shields H	39.05	M50/3/46/137
44	980	Lee Wren	Newton Ayc RC	39.05	MO/23/26/26
45	511	Bryan Saysell	North York Moors	39.05	M45/6/43/266
46	1781	Philip Teece	Individual#	39.11	M50/4/45/45
47	979	Peter Milburn	Newton Ayc RC	39.12	M50/5/44/44
48	627	Chris Ellis	Loftus & Whitby	39.14	M50/6/43/173
49	1877	Rob Pollard	Active Green	39.16	M55/1/50/50
50	1761	Jonathan Skidmore	North York Moors	39.19	MO/24/25/25
51	630	Gary Thoms	North York Moors	39.32	M50/7/42/173
52	1814	Andrew Dobson	North York Moors	39.42	M40/10/39/39

53	284	Scott Lewis	South Shields H	39.43	MO/25/24/58
54	538	Kevin Ayre	S. Shields H	39.44	M45/7/42/122
55	963	Gordon Brown	Individual#	39.46	M50/8/41/41
56	711	Karl Edwards	H'Pool Burn Rd	39.48	M55/2/48/148
57	431	Brendan Anglim	North York Moors	39.53	M40/11/38/126
58	1787	David.Gibson	Elvet Striders	40.01	M40/12/37/37
59	285	Nathan Gibson	South Shields H	40.03	MO/26/23/68
60	813	Neil Scruton	Scarborough AC	40.06	M60/1/50/200
61	1748	John Wilson	Swaledale RR	40.08	M45/8/41/41
62	276	James Meadows	Esk Valley FC	40.12	MO/27/22/101
63	446	James Lee	NYP Tri.	40.12	M40/13/36/191
64	1940	Brian Stallwood	Individual#	40.23	M55/3/46/46
65	1797	Phil Meadows	Esk Valley FC	40.24	M50/9/40/40
66	283	Luke Gibson	South Shields H	40.29	MO/28/21/66
67	427	Fred Clapham	Ripon Runners	40.32	M40/14/35/77
68	555	Tim Adams	Easingwold RC	40.38	M45/9/40/73
69	619	Stuart Backhouse	Esk Valley FC	40.39	M50/10/39/214
70	221	Thomas Jones	Redcar RC	40.52	MO/29/20/193
71	1782	Neil Thirkell	Individual#	40.56	M40/15/34/34
72	1823	Joe Jagusch	Individual#	40.59	MO/30/19/19
73	299	Jonathan Kennedy	Saltwell H & AC	41.06	MO/31/18/37
74	222	Robert Allinson	Redcar RC	41.20	MO/32/17/177
75	647	Ean Parsons	Sedgefield H	41.20	M50/11/38/76
76	628	Dave Dedman	Esk Valley FC	41.21	M50/12/37/197
77	612	Martin Gabriel	Ripon Runners	41.24	M50/13/36/204
78	644	John Howey	H'Pool Burn Rd	41.26	M50/14/35/72
79	996	Philip Peggs	Loftus & Whitby	41.28	MO/33/16/16
80	706	Brian Miller	Harrogate AC	41.29	M55/4/45/95
81	58	Charlotte Edge	Scarborough AC	41.29	FJ/1/50/100
82	809	David Kirk	H'Pool Burn Rd	41.32	M60/2/48/242
83	438	Craig Anderton	FRA#	41.36	M40/16/33/138
84	1776	Tom McGrath	M'bro & Cleve H	41.37	M45/10/39/39
85	1749	Derek Parrington	Swaledale RR	41.39	M45/11/38/38
86	419	Phil Conner	Esk Valley FC	41.40	M40/17/32/150
87	559	Ian Hodgson	North York Moors	41.43	M45/12/37/65
88	1791	James McGann	Easingwold RC	41.47	MO/34/15/15
89	1934	Chris Hine	Bracknel Forest	41.49	MO/35/14/14
90	1775	Matthew young	Individual#	41.52	MO/36/13/13
91	642	Phil James	Saltwell H & AC	41.54	M50/15/34/64
92	965	Ian Cook	H'Pool Burn Rd	41.54	M50/16/33/33
93	701	Steve Smith	Ripon Runners	41.55	M55/5/44/240
94	441	Jeff Belt	North York Moors	42.05	M40/18/31/69
95	964	Erika Johnson	Swaledale RR	42.07	F40/1/50/50
96	1890	Lewis Meadows	Cottingham CRT	42.16	MO/37/12/12
97	1723	Marc Mason	North York Moors	42.23	M50/17/32/32
98	985	Hannah Bedford	No'land Uni Tri.	42.31	FO/3/46/46
99	224	Jason Catterall	Sedgefield H	42.31	MO/38/11/58
100	1879	Gary Barnes	North York Moors	42.32	M45/13/36/36
101	651	Peter Mullarkey	Saltwell H & AC	42.34	M50/18/31/64
102	1732	Rob Wilkin	Cleve. Police	42.35	M55/6/43/43
103	42	Gail Bell	Sedgefield H	42.36	FO/4/45/91
104	464	David Walker	Sedgefield H	42.37	M40/19/30/66
105	1799	Phil Calvert	Individual#	42.38	M40/20/29/29
106	542	Chris Redfern	Saltwell H & AC	42.38	M45/14/35/64
107	982	Graham Hindmarsh	Individual#	42.41	M40/21/28/28
108	607	Chris Wright	North York Moors	42.44	M50/19/30/229
109	611	John Turner	North York Moors	42.45	M50/20/29/148

110	64	Kath Aspin	New Marske H	42.50	F40/2/48/96
111	704	Shaun Roberts	Elvet Striders	42.52	M55/7/42/273
112	971	Scott Howard	Individual#	42.55	MO/39/10/10
113	1734	Kate Woodall	Individual#	42.57	M40/22/27/27
114	1863	Caroline Warrington	Knavesmire H	43.01	FO/5/44/44
115	634	Dave Johnson	N'land Fell R.	43.06	M50/21/28/128
116	723	Dave Horness	Loftus & Whitby	43.10	M55/8/41/87
117	1937	Jon Pearse	New Marske H	43.23	M45/15/34/34
118	1892	Clare Lowe	North York Moors	43.25	F40/3/46/46
119	463	John Mansfield	H'Pool Burn Rd	43.28	M40/23/26/59
120	504	David Bond	Individual#	43.31	M45/16/33/74
121	240	Bob Horsman	Pickering RC	43.32	MO/40/9/52
122	872	Mike Hetherton	Pickering RC	43.38	M65/1/50/246
123	1740	Sheldon Cockburn	Esk Valley FC	43.41	M40/24/25/25
124	1779	Wai Cheung	North York Moors	43.44	M45/17/32/32
125	1865	Michael Bennett	Elvet Striders	43.46	M55/9/40/40
126	1755	David Sharpe	Wetherby AC	43.50	MO/41/8/8
127	1736	Scott Hydon	Sedgefield H	43.52	M40/25/24/24
128	1751	Robert Johnson	Individual#	43.54	M40/26/23/23
129	410	David Heath	New Marske H	43.59	M40/27/22/235
130	1827	Nikki Graham	Individual#	44.02	F45/1/50/50
131	278	Dan Prince	Esk Valley FC	44.15	MO/42/7/37
132	57	Kendra White	Esk Valley FC	44.27	F45/2/48/96
133	24	Nina Mason	Elvet Striders	44.28	FO/6/43/217
134	502	Stephen Kelleher	North York Moors	44.29	M45/18/31/61
135	613	Peter Winter	Pickering RC	44.30	M50/22/27/71
136	1999	Jen Milsom	Cleve. Tr.	44.38	FO/7/42/42
137	316	Michael Hughes-Nar.	Durham Uni	44.41	MO/43/6/14
138	23	Hester Cox	Thirsk & Sow	44.42	F40/4/45/183
139	77	Caroline Pollard	Wharfedale H	44.44	F50/1/50/98
140	26	Lorraine Laycock	Pickering RC	44.45	FO/8/41/300
141	997	Robert Howard	Loftus & Whitby	44.47	M60/3/46/46
142	800	Barry Warrington	FRA#	44.52	M60/4/45/137
143	992	Mark Evans	M'bro & Cleve H	44.58	M45/19/30/30
144	803	Eddie Meehan	North York Moors	45.10	M60/5/44/224
145	608	David Robinson	FRA#	45.10	M50/23/26/93
146	1866	Ian Farrer	Pickering RC	45.18	M45/20/29/29
147	1763	Neil hunter	North York Moors	45.20	M50/24/25/25
148	1828	Sharon Bulman	New Marske H	45.21	FO/9/40/40
149	1756	Richard Bell	Wetherby AC	45.25	M45/21/28/28
150	38	Kim England	Pickering RC	45.29	FO/10/39/217
151	28	Pam Costello	Redcar RC	45.31	F55/1/50/98
152	1754	Graham Tyerman	North York Moors	45.34	M40/28/21/21
153	1821	Nick Hempston	Individual#	45.40	MO/44/5/5
154	635	Steve Moss	Teesdale AC	45.46	M50/25/24/64
155	994	Jane Wistow	H'Pool Burn Rd	45.48	FO/11/38/38
156	1793	Diane Jobson	North York Moors	45.56	F40/5/44/44
157	1777	Michael Fahey	Individual#	45.59	M50/26/23/23
158	432	Jason Taylor	Derwentside AC	46.00	M40/29/20/144
159	1875	Ian Downham	Kippax & Dist	46.00	M40/30/19/19
160	804	Nigel Bower	Ripon Runners	46.01	M60/6/43/223
161	995	Aaron Gourley	Elvet Striders	46.03	M40/31/18/18
162	632	Adrian Martin	Esk Valley FC	46.12	M50/27/22/53
163	1794	Leslie Lynch	Individual#	46.14	MO/45/4/4
164	1868	Melanie Haughan	Saltwell H & AC	46.18	F40/6/43/43
165	272	Mark Milner	Darlington H	46.32	MO/46/3/32
166	73	Alison Rolfe	Esk Valley FC	46.33	F45/3/46/189

167	525	Paul Haydon	FRA#	46.40	M45/22/27/156
168	4	Jane Raper	B'ham Marsh H.	46.40	F45/4/45/185
169	1833	Martin Hedgley	Individual#	46.46	M45/23/26/26
170	1824	Eric Gilhooley	FRA#	46.48	M55/10/39/39
171	300	Matty Dawkins	H'Pool Burn Rd	46.51	MO/47/2/4
172	1862	Sam Holtby	Pickering RC	47.00	MO/48/1/1
173	417	Paul Levett	North York Moors	47.01	M40/32/17/41
174	877	Doug Welsh	North York Moors	47.07	M65/2/48/140
175	1894	Andrew Swinbank	Sedgefield H	47.12	M40/33/16/16
176	1780	JonPaul Venus	Individual#	47.29	MO/49/1/1
177	702	Trevor Symonds	FRA#	47.29	M55/11/38/132
178	232	Matthew Jones	Sedgefield H	47.30	MO/50/1/38
179	51	Lucy Jeffries	Quakers RC	47.37	FO/12/37/77
180	724	Malcolm Peggs	Loftus & Whitby	47.44	M55/12/37/78
181	1758	Paul Bates	Individual#	48.00	MO/51/1/1
182	1743	Martin Taylor	Longworth Run.	48.00	M55/13/36/36
183	891	Ronnie Sherwood	New Marske H	48.01	M70/1/50/296
184	1872	Hilton Armstrong	Individual#	48.02	M50/28/21/21
185	1744	Lydia Dietrich	North York Moors	48.04	F45/5/44/44
186	1750	Sharon Gayter	North York Moors	48.15	F45/6/43/43
187	1768	Stuart Hardcastle	Quakers RC	48.29	M55/14/35/35
188	78	Lynn Humpleby	Pickering RC	48.32	FO/13/36/110
189	1816	Robin Harmar	Individual#	48.40	M60/7/42/42
190	1832	Colin Knapp	Esk Valley FC	48.46	M50/29/20/20
191	1741	Mark Johnson	Individual#	48.47	M40/34/15/15
192	1766	Steven Rochelle	Saltwell H & AC	48.49	M55/15/34/34
193	25	Jan Young	Elvet Striders	48.49	F55/2/48/142
194	536	Dave Ward	Pickering RC	48.54	M45/24/25/61
195	1826	Mark Harrison	Individual#	48.58	M45/25/24/24
196	990	Simon Fell	Crook & Dist AC	49.03	M50/30/19/19
197	1822	Heidi Whiteside	Individual#	49.04	FO/14/35/35
198	1722	William Pennell	North York Moors	49.04	M55/16/33/33
199	815	Bob Lillie	Esk Valley FC	49.05	M60/8/41/126
200	624	Geoff Hine	S'land Strollers	49.05	M50/31/18/142
201	551	Phil Hughes-Nar.	Kimberworth ST	49.06	M45/26/23/43
202	1933	Caroline Graham	North York Moors	49.07	FO/15/34/34
203	55	Ella Towers	Individual#	49.08	F40/7/42/174
204	1818	Matthew Sonley	Individual#	49.14	MJ/3/46/46
205	1819	Michael Sonley	Individual#	49.18	MO/52/1/1
206	1726	Paul Gubbins	Individual#	49.21	M40/35/14/14
207	91	Barbara Young	wednesdays	50.00	F55/3/46/92
208	989	Peter Johnson	H'Pool Burn Rd	50.05	M55/17/32/32
209	1895	Graham Robinson	Thirsk & Sow	50.07	M55/18/31/31
210	600	Chris Jamieson	Esk Valley FC	50.12	M50/32/17/180
211	92	Holly Suckling	Penny Lane R.	50.13	FO/16/33/68
212	150	Gill Jones	Esk Valley FC	50.16	FO/17/32/111
213	1783	Adrian Rathmell	Individual#	50.17	MO/53/1/1
214	550	Trevor Wakenshaw	Tyne Bridge H	50.24	M45/27/22/38
215	1746	Patrick gordon	Individual#	50.25	M45/28/21/21
216	1747	William Gayter	North York Moors	50.28	M50/33/16/16
217	49	Ann Dale	Wetherby AC	50.30	FO/18/31/202
218	1771	Clare Dunn	Individual#	50.42	F45/7/42/42
219	84	Natalie Berry	Esk Valley FC	50.49	FO/19/30/60
220	1730	Dean Benson	Team Iron	50.51	M40/36/13/13
221	878	Barry Moody	North York Moors	50.52	M65/3/46/182
222	998	David Gilthorpe	Saltwell H & AC	50.53	M50/34/15/15
223	893	Phil Miles	New Marske H	50.55	M70/2/48/142

224	45	Judith Bewell	Wetherby AC	50.59	F50/2/48/236
225	1786	Bob Howe	North York Moors	51.11	M65/4/45/45
226	609	David Murphy	North York Moors	51.21	M50/35/14/70
227	95	Catherine Watson	Pickering RC	51.23	F40/8/41/84
228	978	Paul Willett	Individual#	51.31	M45/29/20/20
229	411	Carl Clapton	Scarborough AC	51.35	M40/37/12/94
230	1830	Sarah Sissons	Pickering RC	51.39	FO/20/29/29
231	44	Susan Slack	Pickering RC	51.42	F50/3/46/233
232	1831	Helen Duggleby	North York Moors	51.45	F45/8/41/41
233	1941	Alan Harman	Thirsk & Sow	52.10	M50/36/13/13
234	1774	Matthew Steward	Individual#	52.13	MO/54/1/1
235	1867	Lisa MacDonald	Saltwell H & AC	52.33	F40/9/40/40
236	1795	L.Calvert	Individual#	52.35	F40/10/39/39
237	714	Martin White	New Marske H	52.47	M55/19/30/194
238	1770	Yvonne Storey	North York Moors	52.50	F40/11/38/38
239	1778	Andrew.Henderson	New Marske H	53.14	MO/55/1/1
240	1813	Michael Court	Pennine AC	53.15	M45/30/19/19
241	17	Fran Jeffrey	Thirsk & Sow	53.20	FO/21/28/64
242	616	Ian Robinson	Esk Valley FC	53.22	M50/37/12/200
243	1765	Phil Owen	Elvet Striders	53.38	M45/31/18/18
244	972	Nicola Swinbourne	Individual#	53.42	FO/22/27/27
245	1738	Chris Scard	Individual#	54.02	M40/38/11/11
246	976	Diane Baines	Sedgefield H	54.07	F50/4/45/45
247	993	Peter Wilkinson	Saltwell H & AC	54.16	M55/20/29/29
248	1893	Nigel Wates	Individual#	54.27	M60/9/40/40
249	59	Alison M'rie-Lewis	Wetherby AC	54.33	F40/12/37/122
250	961	Simon Dowson	Swaledale RR	54.36	M50/38/11/11
251	962	Ione Dowson	Swaledale RR	54.44	F50/5/44/44
252	1739	Allister Robson	Elvet Striders	54.45	MO/56/1/1
253	14	Viv Murphy	North York Moors	54.46	F40/13/36/161
254	1896	Nigel Watson	Individual#	54.56	M55/21/28/28
255	2000	Peter Goodwin	CMC	55.26	M60/10/39/39
256	43	Phillipa Hare	Pickering RC	55.41	F55/4/45/288
257	1935	Terry Hine	Individual#	55.57	M60/11/38/38
258	1788	Hilary Shaw	Individual#	56.04	F45/9/40/40
259	909	James Green	N'land Fell R.	56.09	MO/57/1/1
260	1784	David Heggarty	Individual#	56.15	M55/22/27/27
261	1735	Tracy Brown	Sedgefield H	56.33	F40/14/35/35
262	60	Carol Morrison	Thirsk & Sow	56.34	F50/6/43/88
263	1773	Mark Hannon	Redcar RC	56.37	M40/39/10/10
264	806	Colin Scollay	New Marske H	57.00	M60/12/37/206
265	1796	Ruth Court	Individual#	57.46	F40/15/34/34
266	1878	Doreen Huxley	Individual#	57.47	F55/5/44/44
267	1897	Gillian Donaldson	Saltwell H & AC	57.48	F40/16/33/33
268	1932	Jo Keenan	Wetherby AC	57.56	F40/17/32/32
269	70	Ruth Hodgson	Esk Valley FC	57.59	FO/23/26/68
270	973	Greg Swinbourne	Individual#	58.03	M40/40/9/9
271	974	Allison Simpson	N. Shields Poly	58.21	F45/10/39/39
272	72	Louise Campbell	Esk Valley FC	58.29	F40/18/31/154
273	1729	Simon Barnfather	Individual#	58.45	M45/32/17/17
274	984	Sheila Guthrie	New Marske H	58.49	F55/6/43/43
275	1737	Roger Croft	M'bro & Cleve H	59.04	M40/41/8/8
276	1898	Steven Donaldson	Saltwell H & AC	60.07	M45/33/16/16
277	1785	Martin Codd	Individual#	60.17	M60/13/36/36
278	991	Allen Purdham	Crook & Dist AC	61.16	M70/3/46/46
279	1752	Jonathan Mitson	Individual#	62.31	M40/42/7/7
280	1753	Mark Forster	B'ham Marsh H.	62.39	M40/43/6/6

281	1790	Guy Angouin	Individual#	62.41	M60/14/35/35
282	969	Ray Wheatley	Redcar RC	64.11	M50/39/10/10
283	970	Kerry Graydon	Redcar RC	64.12	FO/24/25/25
284	1876	Karen Downham	Kippax & Dist	64.32	F45/11/38/38
285	1873	Lynne Armstrong	Individual#	64.34	F50/7/42/42
286	1942	Alicia Purdy	Individual#	64.41	F50/8/41/41
287	1772	Carmel Cappleman	Redcar RC	64.51	F45/12/37/37
288	1835	Sarah Bryson	Individual#	65.00	F40/19/30/30
289	1834	Katherine Brennan	Esk Valley FC	66.00	F40/20/29/29
290	1869	Kirsty Anderson	Saltwell H & AC	69.30	F40/21/28/28

(End)

Teams:	Club	Points	Positions	Team pts/total
<b>male:</b>	1 Esk Valley FC 'A'	55	2,13,15,25	15/98
	2 North York Moors 'A'	68	9,18,20,21	14/94
	3 North York Moors 'B'	118	22,28,30,38	13/66
	4 South Shields H 'A'	139	12,35,41,51	12/29
	5 Loftus & Whitby 'A'	140	23,34,37,46	11/49
	6 Esk Valley FC 'B'	183	29,31,60,63	10/67
	7 Sedgefield H 'A'	189	3,19,73,94	9/17
	8 Ripon Runners 'A'	262	32,65,75,90	8/47
	9 Saltwell H & AC 'A'	266	11,71,88,96	7/10
	10 H'Pool Burn Rd 'A'	298	54,76,79,89	6/15
	11 Wetherby AC 'A'	305	17,39,117,132	5/15
	12 Pickering RC 'A'	388	40,112,113,123	4/45
	13 New Marske H 'A'	411	24,109,120,158	3/36
	14 Elvet Striders 'A'	416	56,104,116,140	2/2
	15 Loftus & Whitby 'B'	465	77,108,125,155	1/8
	16 Sedgefield H 'B'	521	98,118,151,154	1/1
	17 Redcar RC 'A'	565	68,72,207,218	1/1
	18 Saltwell H & AC 'B'	646	100,164,184,198	1/1
	19 New Marske H 'B'	778	185,192,193,208	1/6
<b>female:</b>	1 North York Moors 'A'	56	9,21,26	15/27
	2 Pickering RC 'A'	62	16,18,28	14/79
	3 Esk Valley FC 'A'	69	11,23,35	13/68
	4 New Marske H 'A'	88	7,17,64	12/85
	5 North York Moors 'B'	101	27,31,43	11/11
	6 Sedgefield H 'A'	110	6,49,55	10/10
	7 Thirsk & Sow 'A'	117	14,47,56	9/30
	8 Pickering RC 'B'	123	40,41,42	8/41
	9 Wetherby AC 'A'	125	36,39,50	7/43
	10 Saltwell H & AC 'A'	125	22,44,59	6/6
	11 Redcar RC 'A'	153	19,65,69	5/5
	12 Esk Valley FC 'B'	162	38,61,63	4/12

**Comments:**

It was another fantastic day with a record entry, the warmest weather ever and possibly the wettest due to the heavy rain in the first half of the race. Going therefore was muddy or is it 'cacky!' It was a huge surge at the start with runners filling the narrow 'C' road right up to the farm where a change in footing squeezed the line. At the junction it was still anybody's race with a good group at the front. The climb up to Captain Cook's Monument thinned them out. Jim Bulman had grabbed the lead at The Farm and Ian McGrath, James Dunne and Mark Bryant were giving chase with the two junior men, Cameron Taylor and Jonathan Baines just behind them. The climb changed things dramatically and as they descended off Cook's The two juniors had closed up on Jim. As they descended Cameron took an unexpected line and passed Jim with Jonathan keeping close order. Jim had to dig in now as he did not want to be behind in the narrow confines of the last mile. He passed Cameron once again who hung on like a tiger with it's prey.

Jim managed to stay clear to the finish Cameron second and Jonathan third. In the women's event Cath Williamson continued her good form of the holiday season and soon had a lead over Morag Stead who held good form despite her limited fitness. Cath once in the lead continued in the same vein through to the finish with Morag second. In the teams it was an Esk Valley triumph in the men's whilst North York Moors showed good strength to win the women's event. We raised over £2000 for our charity causes and cheques or 'donations on line' will follow in the next week.

See you at Clay Bank .... Best wishes... Dave

Junior results will follow shortly

**Next Race :** Clay Bank East

15-Jan-12