

Name	Club
Adam Osborne	Leeds City AC
Alasdair Anthony	Ochil Hill Runners
Andrew Fallas	Carnethy Hill Racing Club
Andrew Schofield	Borrowdale Fell Runners
Andy Swift	Calder Valley Fell Runners
Ben Abdelnoor	Ambleside AC
Ben Mounsey	Calder Valley Fell Runners
Billy Cartwright	Matlock Athletic Club
Carl Bell	Keswick AC
Chris Davies	Saddleworth Runners Club
Daniel Haworth	Keswick AC
Daniel Mills	Keswick AC
Danny Hope	Horwich
Darren Kay	Calder Valley Fell Runners
David Dickson	Westerlands Cross Country Club
David Taylor	Dark Peak Fell Runners
Gavin Mulholland	Calder Valley Fell Runners
Harry Holmes	Pudsey & Bramley AC
Ian Holmes	Bingley Harriers & AC
Ian Whiteside	Carnethy Hill Racing Club
Jack Agnew	Mercia Fell Runners
Jack Wood	Ilkley Harriers AC
Jack Wright	Ambleside AC
James Espie	Deeside Runners
James Waldie	Hunters Bog Trotters
John Tullie	Teviotdale Harriers
Joshua Jardine	Helm Hill Runners
Karl Gray	Calder Valley Fell Runners
Kenny Richond	Shettleston Harriers
Mark Lamb	Keswick AC
Mark Roberts	Borrowdale Fell Runners
Matthew Roberts	Calder Valley Fell Runners
Michael Ainsworth	Helm Hill Runners
Mike Fanning	Holmfirth Harriers AC
Mike Wallis	Clayton le Moors Harriers
Phil Davies	Borrowdale Fell Runners
Rhys Findlay-Robinson	Dark Peak Fell Runners
Rob Hope	Pudsey & Bramley AC
Rob Jebb	Helm Hill Runners
Ross Gollan	Shettleston Harriers
Sam Stead	Keswick AC
Sam Tosh	Rosendale Harriers & AC
Sean Godsman	Calder Valley Fell Runners
Stephen Pyke	Dark Peak Fell Runners
Steve Jackson	Calder Valley Fell Runners

Ted Ferguson	Borrowdale Fell Runners
Tom Saville	Dark Peak Fell Runners
Tom Simpson	Ambleside AC
William Proctor	Helm Hill Runners
Alison Weston	Ilkley Harriers AC
Annie Roberts	Todmorden Harriers
Bianca Dyer	Helm Hill Runners
Bronwen Jenkinson	Eryri Harriers
Caitlin Rice	Ribble Valley Harriers
Deborah Gowens	Accrington
Emma Gould	Mercia Fell Runners
Hannah Russell	Helm Hill Runners
Helen Berry	Holmfirth Harriers AC
Holly Page	Calder Valley Fell Runners
Jackie Murdy	South Shields Harriers
Jasmin Paris	Carnethy Hill Racing Club
Jean Powell	Wharfedale Harriers
Jill Stephen	Hunters Bog Trotters
Judith Jepson	Dark Peak Fell Runners
Kelli Roberts	Helm Hill Runners
Kerry Cornforth	Keswick AC
Kirsty Hall	Ribble Valley Harriers
Lou Roberts	Ambleside AC
Marie Robson	Helm Hill Runners
Mel Price	Mercia Fell Runners
Melanie Blackhurst	Todmorden Harriers
Miranda Grant	Eryri Harriers
Rachel Pilling	Pudsey & Bramley AC
Sharon Taylor	Helm Hill Runners
Sian Williams	Rhedwyr Hebog Runners
Sophie Horrocks	Rosendale Harriers & AC
Vic Wilkinson	Bingley Harriers & AC