



ENGLAND ATHLETICS INTERNATIONAL MOUNTAIN RUNNING 2019

ENGLAND ATHLETICS Mountain Running Championships (Seniors and U20)

This event will be held in conjunction with the British Athletics trial for the European Mountain Running Championships on weekend 1st/2nd June 2019. (day tbc)

Representative opportunities:

The committee will select the best available teams to represent England, although where shown some teams will be selected as development teams to give them experience of international competition.

Funding

All events in 2019 are subject to funding and England Athletics may amend the policies at any point. Details will be posted on the England Athletics website in the mountain running section which can be found at www.Englandathletics.org/athletes/england-athletics-team/mountain-running.

- **Selectors view trials as the primary means of selecting the teams.** Where there is no trial or an athlete is unable to compete in the trial race, it is the athlete's responsibility to provide the Chair of Selectors, Duncan Richards (Duncan@intouchltd.co.uk) with details of all performances they wish to be considered at the selection meeting. This information must be provided in advance of the trial race where there is one or before the advertised selection date.
- Athletes will usually be informed of their selection within a week of the trial and/or deadline for expressions of interest.
- Selection of all athletes is subject to the agreement of the athlete's training and racing programme between the date of selection and the representative race by the committee. England Athletics reserves the right to de-select any athlete who is deemed unfit or injured in the lead up to the event.
- Athletes wishing to be selected for races abroad must have a valid UK passport for the country they are travelling to and be eligible to represent England in international competitions. The selection committee reserves the right to de-select any athlete who does not provide all the information requested (including passport details) within a week of selection.
- For all races, if the selectors believe that a minimum performance standard for selection has not been achieved, they reserve the right not to select a full team. To clarify – England Athletics do not intend to send teams to international events composed of athletes who have not demonstrated the level of performance required.

This information is also available on the England Athletics website (www.englandathletics.org/athletes/england-athletics-team/mountain-running). Please contact the Chair of Selectors if you require any further information: Duncan Richards (tel: 07764 610 799, email: Duncan@intouchltd.co.uk).

Please note that at the time of publication some of the trial dates/venues and full selection details have not been confirmed. Please check the England Athletics (www.englandathletics.org/athletes/england-athletics-team/mountain-running) and FRA websites for updates.

Event: Senior Home International (included in British Athletics trial for the World Mountain Running Championships)

Date: 21st September 2019

Selection Date: Saturday 24th August 2019

Trial: Pendleton Fell Race, 24th August 2019

Team Composition: Up to 4 senior men, 2 U23 men, 4 senior women and 2 U23 women may be selected. NB. There will only be an A team.

U23 athletes are defined as born in 1997 – 1999 inclusive. The quota of 4 senior athletes may include U23 athletes if more than two are selected.

Selection Details: The first 2 senior men, 2 senior women, 1 U23 man and 1 U23 woman will gain selection from the Trial Race (subject to performances being of an appropriate standard) with the remaining places to be decided by the selectors.

Event: International Youth Cup, (Venue TBC)

Date: TBC

Selection Date: TBC

Trial: TBC

Team Composition: Up to 4 junior men and 4 junior women (born within the years 2002/2003. Younger athletes are not eligible) may be selected.

Selection Details: The first 3 junior men and 3 junior women will gain selection from the trial race with the remaining places to be decided by the selectors.

Event: Snowdon International, Llanberis, Wales

Date: 20 July 2019

Selection Date: 16th June 2019

Trial: The Settle Hills Fell Race 16th June 2019

Team Composition: 4 senior men and 4 senior women may be selected.

Selection Details: The first 2 senior men and 2 senior women will gain selection with the remaining places to be decided by the selectors.

Event: Junior Home International, Betws-y-Coed, Wales

Date: 21st September 2019

Selection Date: 24th August 2019

Trial: Pendleton Fell Race, 24th August 2019, U20 in Senior Race, U17 in Junior Race.

Team Composition: England A team - 4 U20 men and 4 U20 women (age at 31 December 2019 – this includes athletes born in 2000, 2001 and 2002), 4 U17 boys and 4 U17 girls (age at 31 December 2019 – this includes athletes born in 2003 and 2004) may be selected.

Subject to appropriate standards, non-scoring England B development teams may be selected in all age groups, **using the trial as the primary means of selection.**

Selection Details: U20: The first two athletes from the trial race will be selected for the England A team. The first athlete from the FRA U19 Championship Series will be selected for the squad, however whether selected in the A or the non-scoring B team will be subject to performance at the trial. Remaining places will be subject to selectors' discretion.

U17: The first two athletes from the trial race will be selected for the England A team. The first athlete from the FRA **U17** Championship Series will be selected for the squad, however whether selected in the A or the non-scoring B team will be subject to performance at the trial. Remaining places will be subject to selectors' discretion.

Event: U23 Development Races

Hochfelln Mountain Race, Germany, 29 September 2019 (uphill only)

Smarna Gora Mountain Race, Slovenia, 5 October 2019 (up and down)

Selection Date: 25th August **2019**

Team Composition: Up to 6 athletes in total (mix men/women) may be selected.

Trial: British Athletics Trial for European Mountain Running Championships, 1 or 2 June 2019 and England Trial for Senior Home International, Pendleton, 24th August 2019

Selection Details: Athletes who have performed at a high standard in the British Athletics European Trial but have not been selected for the GB team are eligible for places. Please contact Duncan Richards (Duncan@intouchltd.co.uk) before 24th August 2019 if you wish to be considered.

Training Camps:

Camp: Introduction to International Mountain Running

Age Group: 14-16 years

Date: 17 March 2019 (TBC)

Venue: Sedbergh

Selection Criteria: Top 10 in FRA Junior Championships
Placed in FRA Junior Championship or BOFRA races
County standard XC, Track or road
Performances of similar standard to the above – please ask!

Contact: Duncan Richards on duncan@intouchltd.co.uk or 07764 610799.

Camp: Performance in International Mountain Running

Age Group: 17-19 years

Date: 12-14 April 2019

Venue: Ingleton Dales

Selection Criteria: Athletes should be committed to mountain running in 2019 and be planning to run the British Athletics World and/or European Trials.
GB mountain running vest in 2018
Top 10 in Junior Home International in 2018

Top 10 English Schools, National or Inter-Counties Cross Country

Top 6 in Area Cross Country

Performances of similar standard to the above – please ask!

Contact: Neil Wilkinson on neil@w1run.co.uk or 07846 981988

Camp: Transition to Senior International Mountain Running

Age Group: 19-22 years

Date: Evening of 23rd - 24th February 2019 (After National cross Country Championships)

Venue: Leeds (accommodation tbc)

Selection Criteria: Athletes should be committed to mountain running in 2019 and should have participated in the British Athletics World and/or European Trials.

GB mountain running vest in 2017 or 2018

Top 10 U20 in Junior Home International in 2018

U23 Home Country vest in 2017 or 2018

Top 20 in Senior race in British Athletics trial (World or European) in 2018

Top 50 in BUCS Cross Country

Performances of similar standard to the above – please ask!

Contact: Alec Duffield on alec@duffsports.com or 07740065929