

## The Fell Runners Association



## Job Description: Coaching and Education Coordinator

Role	The Coaching/Training Coordinator takes an overview of the coaching and training requirements of the fell running community, and ensures that instruction is available to provide the necessary skills and qualifications.
Main purposes of role	<ol> <li>To ensure the availability of qualified coaches, so that fell runners, particularly at junior level, have access to the highest standards of coaching, and can thus develop their fell running ability to meet their aspirations.</li> <li>To review the needs of fell runners for navigation and first-aid training, and ensure that appropriate training is available.</li> <li>To be aware of needs and opportunities for additional skills development in the fell running community, and instigate training when necessary</li> </ol>
Key tasks	<ol> <li>To manage the Fell and Trail 'Leadership in Running Fitness' and 'Coaching in Running Fitness' courses, ensuring effective delivery, handling relationships with UKA as licensor of the qualification, selecting trainers and ensuring that the course arrangements are fit for purpose.</li> <li>Act as a link to the Committee for the current Navigation Course, attending the course whenever possible, liaising with the course organisers to adapt the format and delivery of the course to meet requirements and reporting back to the Committee on the effectiveness of the training</li> <li>Act as a link to the Committee for the current Wilderness First Aid course, ensuring that it remains fit for purpose and reporting back to the Committee</li> <li>Keep in touch with fell runners and fell clubs to identify any training needs or opportunities, or major changes which may be beneficial in the existing courses. Make training proposals to the Committee and implement those that are approved.</li> <li>Maintain awareness of developments in other areas of running, athletics and sport to ensure that our courses (particularly the UKA-licensed coaching courses) remain examples of current best practice.</li> </ol>
Required skills and facilities	<ol> <li>A sound understanding of running coaching, and the underlying principles of sports science.</li> <li>Ability to deal with other stake-holders in the area, including UKA, course tutors and trainers, and equivalent roles in other sports organisations.</li> <li>Experience of fell running. Preferably experience of coaching fell runners or other athletes.</li> <li>Basic ability in management, sufficient to create and run a public training session, including publicity, organisation of trainers and venues, and maintaining budgetary control.</li> </ol>
Required liaison	<ol> <li>Committee members, principally Chair of the SER, Championships Coordinators (Senior and Junior), and the Junior Coordinator.</li> <li>UKA for their coaching qualifications.</li> <li>Organisers of other training courses.</li> <li>A cross section of fell runners and major fell clubs.</li> <li>People with similar roles in other athletics and sports organisations</li> </ol>

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