

Pos	Name	Category	Club	Time
1	Mark Lamb		Keswick AC	00:31:48
2	Billy Cartwright		Matlock AC	00:32:22
3	Carl Bell		Keswick AC	00:32:32
4	James Appleton		Keswick AC	00:32:45
5	Dan Haworth		Keswick AC	00:33:07
6	Steve Halsall		Keswick AC	00:34:20
7	Matthew Atkinson			00:35:41
8	Hannah Horsburgh		Keswick AC	00:35:50
9	Oliver Matharu		Holme Pierrepont	00:36:04
10	Martin Cliffe	MV40	Eryri	00:36:25
11	Tobias Barthelmes	MU23	Keswick AC	00:36:41
12	Luke Beresford		Ripley Running Club	00:36:54
13	Howard Seal	MV40	Derwent AC	00:37:07
14	Thomas Knox			00:37:27
15	Ben Procter		Helm Hill Runners	00:37:34
16	Alex Roberts		Ellenborough RC	00:37:55
17	James Haworth	MV40	Keswick AC	00:38:15
18	Darren Fishwick	MV40	Chorley Harriers	00:38:28
19	Tim Irlam		Cumberland F.R.	00:38:45
20	Jamie Coates	MV40		00:38:51
21	George Fawkes		Derwent AC	00:38:57
22	Ed Gamble	MV50	Cheshire Hill Racers	00:39:10
23	Andy Thompson		Helm Hill Runners	00:39:23
24	Karl Steinegger		Ambleside A.C.	00:39:40
25	Ben Still	MV40		00:39:56
26	Chris Neil			00:40:02
27	Bruce Hardy	MV40	Derwent AC	00:40:15
28	James Conlon		Cumberland Fell Runners	00:40:16
29	Nathalie Beadle	FU23	Oxford City AC	00:40:24
30	Peter German		Helm Hill Runners	00:40:24
31	Pez Bullen	MV50	Keswick AC	00:40:33
32	Ian Renouf		Derwent AC	00:40:38
33	Jacob Tonkin		Keswick AC	00:40:40
34	David Mccabe	MV40	Trawden AC	00:40:55
35	Jenn Bell		Keswick AC	00:40:57
36	Lou Osborn	FV40	Ambleside A.C.	00:41:04
37	John Bagge	MV50	Helm Hill Runners	00:41:32
38	Christopher Lister		Ellenborough RC	00:41:42
39	Scott Collier			00:41:43
40	Alan Life	MV50	Clayton Le Moors	00:41:49
41	Tom Strong		Derwent AC	00:41:58

42	Darren Wylie		Ellenborough RC	00:42:26
43	Mark Greenbank	MV50	Keswick AC	00:42:38
44	Lucy Stobbart		Cumberland F.R.	00:42:45
45	David Parkinton	MV50	Preston Harriers	00:42:56
46	Robert James Hurcomb		MV40	00:43:49
47	Mike Harrison	MV40	Cumberland F.R.	00:43:59
48	Will Kirk	MV40		00:44:23
49	Rob Winfield			00:44:48
50	James Walker		Keswick AC	00:45:12
51	Fiona Paterson		Helm Hill Runners	00:45:21
52	David Harte	MV50	Bournville Harriers	00:45:47
53	Helen Elmore	FV40	Dark Peak Runners	00:45:59
54	Darren Parker	MV50	Cumberland F.R.	00:46:01
55	Ian Mcdougall	MV50	Cumberland AC	00:46:05
56	Nick Evans	MV50	Eden Runners	00:46:12
57	Dan Wilson		Cumberland AC	00:46:42
58	Matthew Mishulin			00:46:45
59	Garry Owens	MV60	Northumberland Fell Runners	00:46:57
60	Jon Morgan	MV40	Keswick AC	00:47:00
61	Richard Smith		Ambleside A.C.	00:47:05
62	Chris Richardson	MV50	Keswick AC	00:47:11
63	Phil Clayton	MV50	Blackcombe Runners	00:47:24
64	Jim Downie	MV60	Keswick AC	00:47:35
65	Rob Hinton	MV50	26.2 Road Runners Club	00:47:44
66	Kevin Robinson	MV40	Derwent AC	00:47:48
67	Matt Davis		Howgill Harriers	00:48:02
68	James Morrison	MV40	Tiverton Harriers	00:48:38
69	Emily Robinson		Cumberland F.R.	00:48:48
70	Jenny Evans		Sale Harriers	00:48:52
71	David Appleyard	MV50	Helm Hill Runners	00:49:16
72	Mark Wise	MV50	Cumberland Fell Runners	00:49:23
73	Rachel Findlay-Robinson		Keswick AC	00:49:42
74	Beverley Smith		Cumberland AC	00:50:13
75	Ruth Brandon	FV40	Holme Pierrepont	00:50:31
76	Jonathan Tombs	MV40	Eden Runners	00:50:43
77	Les Barker	MV50	Cumberland F.R.	00:51:17
78	Matt Levoi			00:51:28
79	Elisabeth Knox		Anster Haddies	00:51:35
80	Michael Sandelands	MV40	Cumberland AC	00:52:14
81	Nick Moore	MV60	Cumberland F.R.	00:53:06
82	Stephen Chalkey	MV40	Kenilworth	00:53:34
83	John Orrell	MV50	Blackburn Harriers	00:53:59
84	Brent Lindsay	MV50		00:54:27
85	Nicholas Downes	MV40	Cumberland AC	00:54:39

86	Jack King	MV70	Cumberland F.R.	00:55:01
87	Nigel Braithwaite	MV40		00:56:08
88	Annette Mikkelson	MV50		00:56:30
89	Lindsay Buck	FV50	Cumberland F.R.	00:56:49
90	Julie Darigala	FV40	Pennistone Footpath Runners	00:57:55
91	Pip Conlon		Derwent AC	00:57:59
92	Alison Butlin	FV40	Ripley Running Club	00:59:04
93	Kim Clark	FV60	Keswick AC	00:59:24
94	Peter Reed	MV60	Northumberland Fell Runners	00:59:28
95	Paul Davison		Howgill Harriers	01:00:50
96	Christopher Lyons		Kenilworth	01:04:00
97	Laura Winfield			01:04:20
98	Dez Gorringe	MV50		01:04:35
99	Chris Clark	MV60	Keswick AC	01:05:55
100	Katie Simone Coyle	FV40		01:08:23
101	Jane Mottram	FV60	Cumberland F.R.	01:10:25
102	Dot Patton	FV60	Cumberland F.R.	01:10:32
103	Matt Crake	MV40	Pirateship Of Fools	01:16:04