

| Pos | Name                 | Category | Club                       | Time     |
|-----|----------------------|----------|----------------------------|----------|
| 1   | Harry Bolton         | MU23     | Keswick AC                 | 00:51:44 |
| 2   | Mark Lamb            | MSEN     | Keswick AC                 | 00:51:47 |
| 3   | Tom Humphries        | MU23     | Lancaster And Morecambe AC | 00:54:34 |
| 4   | Tom Day              | MSEN     | Keswick AC                 | 00:55:27 |
| 5   | Sam Holding          | MSEN     | CFR                        | 00:58:26 |
| 6   | David Birch          | M50      | Keswick AC                 | 00:59:08 |
| 7   | Jack Brassington     | MSEN     | CFR                        | 00:59:47 |
| 8   | Alistair Tod         | M40      | Northern Fells             | 00:59:56 |
| 9   | Will Carter          | MU23     | DPFR                       | 01:00:24 |
| 10  | James Conlon         | MSEN     | CFR                        | 01:03:33 |
| 11  | Simon Netherway      | M40      | Keswick AC                 | 01:03:52 |
| 12  | Tom Carter           | MU23     |                            | 01:04:04 |
| 13  | Christiaan Swanepoel | M40      | Keswick AC                 | 01:05:08 |
| 14  | Mark Yoxon           | MSEN     |                            | 01:05:15 |
| 15  | Matthew Baines       | MSEN     | CFR                        | 01:05:19 |
| 16  | Jodie Gray           | WSEN     | Keswick AC                 | 01:05:35 |
| 17  | Adam Cresswell       | M50      | CFR                        | 01:05:41 |
| 18  | Carl Algeo           | MSEN     | Northern Fells             | 01:06:20 |
| 19  | Philip Pearson       | M60      | Northern Fells             | 01:07:10 |
| 20  | Mike Harrison        | M50      | CFR                        | 01:07:13 |
| 21  | Ross Bell            | MSEN     | Eden                       | 01:07:15 |
| 22  | Hamish Carter        | MSEN     | Esk Valley                 | 01:08:42 |
| 23  | Darren Haworth       | MSEN     |                            | 01:10:26 |
| 24  | Mark Fleming         | M50      | Keswick AC                 | 01:10:31 |
| 25  | Brian Thompson       | M50      | CFR                        | 01:11:16 |
| 26  | David Brigham        | MSEN     |                            | 01:11:19 |
| 27  | Rob Oliver           | M50      | CFR                        | 01:11:22 |
| 28  | Tony Bolton          | M50      | Nothern Fells              | 01:12:02 |
| 29  | Claire Russell       | W40      | CFR                        | 01:12:09 |
| 30  | Chris Draper         | M40      |                            | 01:12:30 |
| 31  | Carol Morgan         | W40      | Nidd Valley                | 01:13:36 |
| 32  | Paul Jennings        | M50      | CFR                        | 01:13:56 |
| 33  | Steve Parker         | M50      | CFR                        | 01:14:00 |
| 34  | Steve Jones          | M40      | Keswick                    | 01:14:01 |
| 35  | Catherine Spurden    | WSEN     | Keswick                    | 01:14:21 |
| 36  | Simon Franklin       | M50      | CFR                        | 01:15:09 |
| 37  | Dawn Hosking         | W40      | Durham                     | 01:15:44 |
| 38  | Adam McGinley        | M40      | DH Runners                 | 01:16:41 |
| 39  | John Garnett         | M50      | Settle Harriers            | 01:17:12 |
| 40  | Jon Underwood        | M50      | CVFR                       | 01:17:15 |
| 41  | Jennie Chatterley    | W50      | CFR                        | 01:17:48 |

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|----|-------------------|------|------------------|----------|
| 42 | David Burton      | M60  | Keswick          | 01:18:40 |
| 43 | Lyn Thompson      | W60  | Keswick          | 01:19:05 |
| 44 | Gavin Smith       | M60  | Bowland          | 01:19:06 |
| 45 | Darren Parker     | M50  | CFR              | 01:19:12 |
| 46 | Rebecca Wren      | WSEN |                  | 01:19:38 |
| 47 | Jim Downie        | M70  | Keswick          | 01:19:41 |
| 48 | Les Barker        | M50  | CFR              | 01:22:42 |
| 49 | Ruth Simmons      | WSEN | Northern Fells   | 01:23:15 |
| 50 | Freda Summerfield | W50  | Gateshead        | 01:23:19 |
| 51 | Ann Cummings      | W60  | CFR              | 01:23:23 |
| 52 | Mary Ockenden     | W60  | Bowland          | 01:23:49 |
| 53 | Rachael Lewis     | WSEN | Northern Fells   | 01:24:31 |
| 54 | Julie Carter      | W50  | Keswick          | 01:24:34 |
| 55 | Trevor Symonds    | M60  | Northern Fells   | 01:24:35 |
| 56 | Nicky Butler      | W50  | Keswick          | 01:26:05 |
| 57 | Jo Cater          | W50  | Helm Hill        | 01:27:13 |
| 58 | Anita Barker      | W50  | CFR              | 01:27:17 |
| 59 | Paul Dobson       | M50  | Northern Fells   | 01:28:49 |
| 60 | Raymond Wren      | M70  | Border Liners OC | 01:28:56 |
| 61 | Divya Conlon      | WSEN | CFR              | 01:30:13 |
| 62 | Denise Tunstall   | W50  | Durham           | 01:30:15 |
| 63 | Vicky Atkinson    | W40  | Helm Hill        | 01:30:32 |
| 64 | Nick Moore        | M60  | CFR              | 01:32:36 |
| 65 | Sarah Senior      | W50  | Helm Hill        | 01:32:50 |
| 66 | Sian Spencer      | W40  | CFR              | 01:33:22 |
| 67 | Chris Lates       | M70  | Border Liners OC | 01:33:29 |
| 68 | Nicholas Downes   | M40  | CFR              | 01:33:40 |
| 69 | Mike Hind         | M70  | Borrowdale       | 01:35:10 |
| 70 | Alison Wright     | W50  | CFR              | 01:37:44 |
| 71 | Philip Boylin     | M40  | Northern Fells   | 01:43:59 |
| 72 | Charlotte Akam    | WSEN | CFR              | 01:45:16 |
| 73 | Dot Patton        | W60  | CFR              | 01:55:43 |
| 74 | Jane Mottram      | W60  | CFR              | 01:55:43 |