

Pos	Name	Category	Club	Time
1	Max Wainwright	MU23	Dark Peak	00:52:39
2	Noah Hurton	MU23	Eden Runners	00:52:57
3	Sam Stead	M Open	Keswick AC	00:53:12
4	Tom Day	M Open	Keswick AC	00:53:31
5	Tom Humphries	MU23	Lancaster & Morcambe AC	00:57:36
6	David Cope	M Open	Howgill Harriers	00:57:53
7	Ben Abdelnoor	M Open	Ambleside	00:58:22
8	Simon Netherway	M Open	Keswick AC	00:58:47
9	Ben Opie	MV40	CFR	00:58:55
10	Tobias Barthelmes	MU23	Keswick AC	00:59:24
11	Huw Jack Brasington	M Open	CFR	00:59:54
12	John Hooson	MV50	Ambleside	00:59:57
13	Paul Cornforth	MV50	Ambleside	01:01:21
14	Neil Orr	MU23	Border Harriers	01:02:02
15	Steve Birkinshaw	MV50	Borrowdale	01:02:09
16	Nick Barraclough	MV50	Keswick AC	01:02:31
17	Thom Noonan	MU23	CFR	01:02:55
18	Carl Blackburn	M Open		01:03:33
19	Nichola Jackson	F Open	Ribble Valley H	01:03:37
20	Joel Burchett	M Open		01:03:56
21	Ross Jenkins	M Open	Howgill Harriers	01:04:32
22	Steve Bennett	MV50		01:05:13
23	Caleb Reid	MV40	Northern Fells	01:05:25
24	Catherine Spurden	F Open	Keswick AC	01:05:34
25	Sean Pollen	M Open	CFR	01:05:38
26	Colin Allott	M Open	Croyt Valley Striders	01:06:02
27	Dave Sargent	MV50	Eden Runners	01:06:20
28	Ian Renouf	M Open	Derwent AC	01:07:04
29	Richard Noble	MV40	Northern Fells	01:07:12
30	Lou Osborn	FV40	Ambleside	01:07:16
31	Mike Harrison	MV40	CFR	01:07:22
32	John Bowman	M Open	Howgill Harriers	01:07:29
33	Arran Horne	MU23	Northern Fells	01:07:56
34	Paul Jennings	MV50	CFR	01:08:59
35	Simon McCarthy	M Open		01:09:07
36	Geoff Davis	MV60	Northumberland FR	01:09:24
37	Lucy Stobart	F Open	CFR	01:09:31
38	Sean Robinson	MV40	Howgill Harriers	01:09:49
39	John Douglas	MV40	Allithwaite RC	01:09:59
40	Philippa Wakefield	FV40	Keswick AC	01:10:01
41	John Winder	MV50		01:10:03

42	Neil Sidaway	MV50	CFR	01:10:04
43	Jeff Henderson	MV40	Keswick AC	01:10:39
44	James Conlon	M Open		01:11:03
45	Andrew Bradley	MV50	CFR	01:11:10
46	Tamsin Moran	F Open		01:11:29
47	Mark Simmons	MV50	Levens Valley AC	01:11:33
48	Frank Hewer	MV40	Cumberland AC	01:13:10
49	Chris Draper	M Open	CFR	01:13:41
50	John Messenger	MV40	Northern Fells	01:14:00
51	Robert Crawford	MV40	Howgill Harriers	01:14:45
52	Darren Parker	MV50	CFR	01:14:46
53	Jonathan Lyon	M Open		01:14:51
54	Tracy Park	FV50	CFR	01:15:18
55	Jennie Chatterley	FV40	CFR	01:15:30
56	Kevin Robinson	MV40	Derwent AC	01:15:33
57	Richard Campbell	MV40	Rosendale Harriers	01:15:41
58	David Burton	MV50	Keswick AC	01:15:45
59	Timothy Cook	MV40	CFR	01:15:47
60	Richard Unwin	MV60	Northern Fells	01:16:15
61	Andy Ross	MV50	Northern Fells	01:16:33
62	Amyleigh Moore	F Open		01:17:12
63	Dominic Davis	M Open	Derwent AC	01:17:59
64	Les Barker	MV50	CFR	01:18:22
65	Freda Summerfield	FV40	Gateshead Harriers	01:18:23
66	Zac Poulton	MV40	Northern Fells	01:18:40
67	Ryan Crellin	M Open	CFR	01:18:47
68	Jim Downie	MV60	Keswick AC	01:19:08
69	Nicky Sutton	FV40	Freedom Racing	01:19:21
70	Michael Sandelands	MV40	Cumberland AC	01:19:30
71	Beverley Smith	F Open	Cumberland AC	01:19:35
72	Alistair Duncan Arnott	MV50	Allithwaite RC	01:19:38
73	Gary Lane	MV50	Howgill Harriers	01:20:52
74	Mark Wise	MV50	CFR	01:21:05
75	Ian Grimshaw	MV50	CFR	01:21:15
76	Susan Davis	FV50	Northumberland FR	01:21:35
77	Ant Winter	MV40	Eden Runners	01:21:50
78	Ann Cummings	FV50	CFR	01:21:56
79	Debbie Walker	FV40	Derwent AC	01:22:22
80	Nick Moore	MV60	CFR	01:23:43
81	Catherine Hadfield	F Open	Derwent AC	01:23:52
82	Andrew Ridgeway	MV50	Cumberland AC	01:24:54
83	Juliet Fullwood	F Open	CFR	01:25:18
84	Nicholas Downes	MV40	Cumberland AC	01:25:28
85	John Horne	MV50	Northern Fells	01:25:44

86	Gwen Brassington	F Open	Derwent AC	01:25:57
87	Alison Phillips	FV50	Eden Runners	01:26:47
88	Raymond Wren	MV70	Border Liners	01:26:52
89	Pip Conlon	F Open	Derwent AC	01:28:19
90	Andrew Thompson	M Open	Border Reiver Runners	01:29:03
91	Adam McGinley	M Open	DH Runners	01:29:04
92	Mel Bradley	FV50	CFR	01:29:48
93	Chris Lates	MV70	Border Liners	01:30:11
94	Jenny Russell	FV40	Northern Fells	01:30:12
95	Jack King	MV70	CFR	01:32:08
96	Mike Hind	MV60	Borrowdale	01:34:16
97	Chris Clark	MV60	Keswick AC	01:34:18
98	Kim Clark	FV60	Keswick AC	01:34:26
99	Christopher Colla	M Open	Northern Fells	01:42:23
100	Philip Hawely	MV60	Cumberland AC	01:47:05