

WORLD TROPHY TRIALS**Braithwaite 14th August 2004****Junior Ladies (3.5k, 470m)**

1 Katie Ingram	Horwich	24.30
2 Sarah Tunstall	Border Harriers	24.52
3 Emma Stuart	CFR	25.44
4 Rachael Thompson	Liverpool Harriers	27.08
5 Pollyanne Veazey French	Matlock	27.41
6 Thalia Jones	Holmfirth	28.11
7 Becky Ellis	Vale Royal	28.42
8 Rachel Crowe	Lytham Sarr	29.49
- Rachael Thompson	Horwich	Ret

Junior Men (8k, 910m)

1 Mark Buckingham	Holmfirth	48.52
2 Chris Doyle	Trafford	48.56
3 Ricky Lightfoot	CFR	49.28
4 Thomas Cornthwaite	Blackburn Harr	50.34
5 Joe MacDonald	Trafford	52.19
6 Adam Peers	Wirral	54.08
7 James Kevan	Horwich	54.42
8 Wayne Jackson	CFR	58.34
9 Stuart Hunn	Skipton	58.36
10 Ben Lindsay	Pendle	59.01
11 Jonny Mellor	Liverpool Harr	61.58
- Alistair Brownlee	Bingley	Ret
- Andrew Ellis	Vale Royal	Ret
- Matthew Pierson	Holmfirth	Ret
- Daniel Walmsley	Skipton	Ret

Senior Ladies (8k, 910m)

1 Maddie Horton	North Devon RR	54.32
2 Victoria Wilkinson	U/A	55.46
3 Louise Sharp	Keswick	56.34
4 Lisa Mawer	Bingley	58.07
5 Maureen Laney (V50)	CLM	58.23
6 Lynn Hamel	KAAC	60.50
7 Sue Beconsall (V45)	Bingley	61.39
8 Helen Sedgwick	Ilkley Harriers	63.25
9 Rebecca Robinson	Kendal	64.29
10 Elizabeth Tomes (V45)	Keighley & Crav	65.03
11 Wendy Dodds (V50)	CLM	69.17
12 Lindsay Buck (V40)	CFR	70.57
13 Nicki Thompson (V35)	Charnwood AC	71.06
14 Marian Hesketh (V50)	Preston Harriers	71.50
15 Rachael Sharples (V40)	Keighley & Crav	72.53
- Jackie Hargreaves (V35)	CFR	Ret

Senior Men (8k, 910m)

1	Rob Jebb	Bingley	45.17
2	Robert Hope	Pudsey & Bramley	45.51
3	Lloyd Taggart	Buxton	46.10
4	Andy Peace	Bingley	46.58
5	Nick Sharp	Ambleside	47.24
6	Danny Hope	P&B	48.35
7	Mark Denham-Smith	Keswick	49.00
8	Alastair Dunn	Helm Hill	49.15
9	Paul Green	Sale Harriers	49.21
10	Gavin Bland	Borrowdale	49.39
11	Andrew Schofield	Borrowdale	49.46
12	Andy Weir	Nottingham OB	49.49
13	Joe Blackett (V40)	North York Moors	49.54
14	Bobby Quinn	Kilborchan AC	50.11
15	Thomas Owens	Bristol Univ	51.44
16	Malcolm Patterson (V45)	Dark Peak	51.58
17	Alasdar Anthony	Ochil Hill Runners	52.02
18	Andrew Davies (V40)	Borrowdale	52.09
19	Nimrod Lockwood	Keswick	52.19
20	Robert Little	Mercia	52.24
21	Mark Aspinall (V40)	CLM	51.31
22	Steve Freeman (V40)	Ambleside	52.42
23	Matthew Collins	MDC	53.04
24	Duncan Frampton (V45)	Borrowdale	53.24
25	Bernard Grant (V55)	Harrogate	53.40
26	Steve Sweeney (V40)	Bowland	54.18
27	Colin Shuttleworth (V45)	CLM	54.54
28	Steve Bell (V40)	Dark Peak	55.10
29	John Hope (V55)	P&B	56.29
30	Keith Holmes (V50)	Dark Peak	56.49
31	Kevin Hesketh (V50)	Preston Harriers	57.10
32	Colin Urmston (V40)	CLM	57.28
33	Tony Hesketh (V55)	Horwich	57.48
34	James Simmonite	Horwich	57.53
35	Andrew Symonds	Kendal	59.35
36	Mick Ligema (V45)	Ludlow	61.01
37	Peter Covey (V60)	P&B	61.14
38	Chris Tomes (V45)	Keighley & Crav	62.42
39	Fred Gibbs (V65)	Bingley	66.49
40	Mark Dorion (V45)	El Paso Mountain	67.12
41	Dave Farnworth (V50)	CLM	68.19
42	Neil Goldsmith (V50)	Altrincham	74.22
43	Robert Bulman	Lanes & Morecambe	74.25
44	Peter Taylor (V65)	CFR	74.34
45	Alex Menarry (V70)	Durham Fell Runners	74.46
-	Mike Boulstridge	Mercia	Ret
-	Daniel Yates	Matlock	Ret

With thanks to the Brentnalls, Woodheads and Keswick AC.

NB: winning times are not precise but time differences between runners are.

GWB 15.8.2004