

## Castleton Show Run - Saturday 14 September 2019

<i>Position</i>	<i>Race No</i>	<i>Name</i>	<i>Club</i>	<i>Time</i>	<i>Age class</i>	<i>Prize winner</i>
1	682	Yohanne Eyob	U/A	34.53	MO	*
2	649	Ben Bergstrand	Middlesbrough AC (Mandale)	35.06	J	*
3	648	Paul Brown	New Marske Harriers AC	35.08	M40	*
4	634	Alan Ford	Barnsley Harriers	36.12	M40	*
5	624	Paul Whitaker	York Acorn	36.42	M45	*
6	579	Jon Pinder	York Knavesmire	38.22	MO	*
7	681	Chris Dale	Redcar Running Club	39.01	MO	*
8	679	Adam Mead	Redcar Running Club	39.15	M45	*
9	621	Paul Dalton	Quakers RC	39.22	M45	*
10	671	Paul Darroch	North York Moors AC	39.56	MO	*
11	614	Richard Atkins	North York Moors AC	39.57	MO	*
12	688	Tom Ratcliffe	York Knavesmire	40.18	MO	*
13	651	Mitchell Scott	GoodGym Race Team	40.44	MO	
14	656	Rhona Marshall	Scarborough Athletic Club	40.52	FO	*
15	668	Tim Hill	Esk Valley Fell Club	40.57	M50	*
16	661	Craig Stokes	North York Moors AC	41.29	M45	*
17	695	Rob Williamson	Loftus & Whitby AC	41.34	M50	*
18	686	Tom Wynn	Harrogate Tri Club	42.10	MO	
19	638	Peter Massey	GoodGym Race Team	42.12	M45	
20	693	Paul Cook	Durham Fell Runners	42.27	M40	
21	652	Mark Temple	U/A	42.40	M40	
22	602	Richard Veitch	Esk Valley Fell Club	42.52	M45	
23	669	Barry Atkinson	York Knavesmire	43.03	M60	*
24	673	Joe Blackett	Dark Peak Fell Runners	43.04	M55	*
25	664	David Hughes	North York Moors AC	43.06	M55	*
26	696	Andrew Fowles	Roundhay Runners	43.11	MO	
27	604	Richard Campbell	Aycliffe Running Club	43.20	M45	
28	632	Anthony Brennan	Chester Triathlon Club	43.27	M40	
29	650	Betty Bergstrand	Middlesbrough AC (Mandale)	43.31	FJ	*
30	697	Nico Seling	U/A	44.05	MO	
31	606	Andy Talbot	Aycliffe Running Club	44.15	M55	
32	667	Anthony Harnett	North York Moors AC	44.35	M55	
33	622	Michael Petersen	East Hull Harriers & AC	44.56	M40	
34	635	Michael Gibson	North Shields Poly AC	45.27	MO	
35	698	Emily Collins	GoodGym Race Team	45.40	FO	*
36	658	Graham Palmer	Loftus & Whitby AC	46.10	M55	
37	687	Mark Behrens	North York Moors AC	46.14	M45	
38	630	Lee Wren	Aycliffe Running Club	46.30	M45	
39	677	Emma Pratchett	GoodGym Race Team	47.11	FO	*
40	683	Kirsty Struthers	North York Moors AC	47.18	FO	
41	690	Alan Ayres	U/A	47.27	M45	
42	643	Laura Havis	Middlesbrough AC (Mandale)	47.47	FJ	*
43	644	Paul Havis	U/A	47.49	M50	
44	689	John Williams	Esk Valley Fell Club	48.23	M45	
45	653	Kath Aspin	New Marske Harriers AC	48.30	F50	*
46	623	Martyn Knox	Aycliffe Running Club	48.40	MO	

47	636	Egg	Cameron	GoodGym Race Team	48.45	FO	*
48	625	Susan	Cranswick	Aycliffe Running Club	48.55	F40	*
49	680	Nick	Bower	U/A	49.10	M45	
50	699	Joseph	Johnson	Esk Valley Fell Club	49.17	MO	
51	700	Shelley	Hughes	York Knavesmire	49.47	FO	
52	605	Mark	Bainbridge	Aycliffe Running Club	50.06	MO	
53	645	Ruth	Rutt	Scarborough Athletic Club	50.50	F55	*
54	684	Diane	Jobson	North York Moors AC	51.20	F45	*
55	670	Chris	Wright	Coalfields Tri Club	51.37	M45	
56	654	Ralph	Broadley	Scarborough Athletic Club	52.17	M70	*
57	672	Ben	Powell	GoodGym Race Team	52.19	MO	
58	617	Sara	Morrow	Selby Striders	52.29	F45	*
59	618	Heather	Morgan	Aycliffe Running Club	52.33	FO	
60	619	Katherine	Hill	Chapel Allerton Runners	52.56	FO	
61	615	Catherine	Shutt	North York Moors AC	53.52	F45	
62	609	Trish	Kay	Aycliffe Running Club	54.30	F55	*
63	640	Sharon	Gayter	North York Moors AC	54.34	F55	*
64	647	Robert	Lillie	Scarborough Athletic Club	54.49	M65	*
65	631	Kelly	Ford	Barnsley Harriers	54.53	F40	
66	629	Andrew	Lumley	Aycliffe Running Club	55.03	M45	
67	639	Emma	Foxley	North York Moors AC	55.19	FO	
68	675	Tim	McKenzie	GoodGym Race Team	55.40	MO	
69	660	Susan	Dick	Loftus & Whitby AC	55.47	F40	
70	685	Nikki	Meakin	Redcar Running Club	55.56	FO	
71	678	Jimmy	O'Brian	Loftus & Whitby AC	56.08	M55	
72	659	Carol	Palin	Loftus & Whitby AC	57.02	F40	
73	655	Melanie	Padgham	Scarborough Athletic Club	57.23	F55	
74	601	Eddie	Meehan	North York Moors AC	57.58	M65	*
75	694	Clare	Winspear	U/A	58.48	F55	
76	663	Lucy	Knight	GoodGym Race Team	59.39	FO	
77	612	John Joseph	Richardson	Aycliffe Running Club	59.45	MO	
78	692	Robert A	Howard	Loftus & Whitby AC	59.58	M70	
79	665	Michelle	Dixon	Aycliffe Running Club	60.51	F40	
80	666	Sarah	Dixon	Aycliffe Running Club	60.51	FJ	
81	676	Ian	Robinson	Esk Valley Fell Club	61.18	M55	
82	633	Alison	Brennan	Chester Triathlon Club	61.30	F45	*
83	691	Ian	Harmer	Esk Valley Fell Club	61.51	M65	
84	641	William	Gayter	North York Moors AC	61.53	M55	
85	646	Brian	Rutt	Scarborough Athletic Club	62.05	M55	
86	674	Ann	Robson	North York Moors AC	62.55	F60	*
87	608	Beverley	Phillippo	Aycliffe Running Club	65.09	F50	
88	637	Geoff	Hine	Esk Valley Fell Club	66.09	M60	
89	613	Ewan	Saum	U/A	66.48	M40	
90	607	Ian	Baronowski	Aycliffe Running Club	67.01	M45	
91	657	David	Parke	Scarborough Athletic Club	67.39	M65	
92	628	Jane	Burnside	Aycliffe Running Club	67.54	F60	*
93	642	Barry	Moody	North York Moors AC	68.39	M70	
94	610	Tracey	Pickering	Aycliffe Running Club	70.08	F55	
95	616	Sam	Baronowski	Aycliffe Running Club	88.34	FO	
96	626	Jan	McLuckie	Aycliffe Running Club	88.34	F60	

DNS	603	Donna	Campbell	Aycliffe Running Club	-	FO
DNS	611	Clifford	Pickering	Aycliffe Running Club	-	M60
DNS	620	Lisa	Scott	U/A	-	F40
DNS	627	Shaun	Kelly	N/A	-	MO
DNS	662	Chris	Wightman	U/A	-	MO
DNS	-	Anne	Kellett	Aycliffe Running Club	-	F60
DNS	-	Alan	Kellett	Aycliffe Running Club	-	M60
DNS	-	Ron	Downie	New Marske Harriers AC	-	M65

### ***Teams***

1st Men	North York Moors AC (10+11+16) = 37
2nd Men	York Knavesmire (6+12+23) = 41
1st Women	GoodGym Race Team (3+4+9) = 16
2nd Women	North York Moors AC (5+13+17) = 35

### ***Organiser's Comments***

Thank you all for turning out and supporting not only the eighteenth Castleton Show Run (approx 10km) with a record entry, but also the Castleton Show - almost a perfect day for running!

Great runs by Yohanne Eyob in the mens race and by Rhona Marshall in the ladies race. And there were great battles for 2nd and 3rd in both the mens and in the ladies races. Well done to all prizewinners!

Congratulations to the team from North York Moors AC in taking the mens team prize in a very close contest with York Knavesmire. The ladies from GoodGym Race Team took the ladies team prize, and North York Moors AC would have won the 2nd ladies team prize (ie another box of beer) if I'd bought one!

Many apologies to Barry Moody and Rob Howard (M70's) for missing them from my prize matrix.

Also, many thanks to Aycliffe Running Club for organising a club outing to our race - I believe they adjourned to the Lion Inn on Blakey for post-race recovery!

I hope that you all enjoyed your runs on this undulating course - and your afternoon at the Show - please pass the word around, and bring along a friend next year!!

All being well I will organise the run again next year, which will be on Show Day, second Saturday in September 2020 (which I make to be the 12th).

Finally, many thanks to Graham Hall (with Diane) for acting as race official and to the marshals for their help - my wife Di as 'sweeper', Ellie Wright and Sam Benson (cattlegrid and water point), Tim Grimwood and Stephen Roe (at the crossroads), Sid Bolland (Westerdale junction and collecting road signs), Neil Ridsdale (above Hob Hole), Nigel Briggs (registration plus cattlegrids at 2k and 8k), Dave Moor (road junctions at 2k and 8k), Egg Cameron (registration) and Livia Wright (water at the end).

An honourable mention too for Medics UK Ltd, without whom the run couldn't take place.

***Chris Wright***